DIRECTORY OF

WASHINGTON STATE RESIDENTIAL TREATMENT AGENCIES

THAT ACCEPT

PUBLICLY FUNDED CHEMICAL DEPENDENCY

TREATMENT PATIENTS



Updated December 2009

Provided by

Division of Behavioral Health and Recovery

http://www1.dshs.wa.gov/pdf/hrsa/dasa/ResDirectory.pdf

Introduction

Welcome to the Publicly-Funded Residential Treatment Provider's Directory provided by the Division of Alcohol and Substance Abuse (DASA). This directory is a tool that is designed to augment and enhance the information already provided in the Directory of Certified Chemical Dependency Services in Washington State, also known as the DASA Greenbook.

This directory is intended for use by treatment providers, referring counselors and assessment centers, as well as the general public to assist in the facilitation of treatment services in Washington State. The directory includes not only basic contact information for each center, but enlists several other features of the facility as well.

Features:

- ♦ A breakdown of the agencies' bed capacity of both publicly-funded beds and private pay beds as well as a listing of what types of funding sources are accepted at any particular agency. Assists in making choices for treatment of any persons referred to residential care based on the funding source of the individual.
- ♦ Specific admission criteria listed for each individual agency including specific admission criteria, admission exclusions, and clients that the agency will consider on a case-by-case basis. Assists in the process of getting client referred to appropriate types of programs and allows all who use the tool to be aware of admission processes prior to making the referral to a particular center.
- ♦ A snapshot look at the philosophy that each particular agency employs in the treatment of clients in individual programs. The sections "Client Focus" and "Brief Description of Treatment Philosophy" describe the agency's approach to therapy, patient care, outcomes or other information applicable to the treatment of clients at each particular agency.
- ♦ A section regarding "Other Services Provided" which offers each agency the opportunity to showcase the many other services that it may provide. Other services range from outpatient treatment to vocational skills training to education assistance. Allows all who visit the website to see the whole range of services that are offered in Washington State's residential treatment services section.

We at DASA strive to increase the information dissemination in order to increase access to available services and increase the possibilities of living healthy lifestyles for all Washington State residents. We believe that this tool increases our progress toward attaining this goal. We do, however, see this as a living document and plan to update it regularly. We therefore welcome your comments on how it may be improved.



Nicotine Quit tips for Residential Providers

Today, more and more people are kicking the habit, and the quit line is here to help, connecting you with the resources you need to quit successfully. The latest research shows that calling the quit line improves the success of quitters by almost 20 percent.

The Tobacco Quit Line is confidential and toll-free. By calling the Quit Line at **1-877-270-STOP**, you will have access to some of the best cessation specialists in the state who can give you:

- Private counseling and continued support
- A personalized guit-plan
- Tools and skills to help you succeed
- Information about additional resources such as insurance benefits and other quitting programs in your area
- A Tobacco Quit Kit mailed to your home

More Suggestions to Help You Quit

Here are some practical tips that have worked for ex-smokers who understand just how hard it is to quit:

- Remember it is natural and normal to feel anxiety anytime you make a significant life change.
- Plan ahead for temptation. It's inevitable.
- Cut down on alcohol and caffeine consumption.
- Plan non-smoking tactics before you go to events where other people might be smoking. The quit line cessation specialists can help you devise a plan.
- Keep healthy substitutes handy to keep your hands and mouth busy, like carrots, raisins, gum, hard candy and lollipops.
- Keep your hands busy. Carry a stress ball or a doodle pad.
- Tell your family and friends you are quitting. Let them support you.
- Drink a lot of water. Carry a water bottle with you everywhere you go.
- Eat frequent small meals. This will stabilize your blood sugar levels and keep your mouth and hands busy.
- Change your typical daily routine in as many ways as possible. Take a new route to work, drink tea instead of coffee, and have lunch in the conference room rather than at your desk.
- Remove all evidence of smoking from your life. Clean your car interior and launder all of your clothes to remove the smell of tobacco smoke.
- Exercise especially when you are angry, stressed or bored.
- Make an appointment with the dentist to have your teeth cleaned.
- Be proactive about spending time with non-smokers and/or ex-smokers.
- Write down the reasons you are quitting and review them to serve as a reminder why you think quitting is worthwhile.
- Reward yourself. Plan to buy something special with all the money you save.



Listing of Agencies, County in Which Located, and Population Served*

* Adult Treatment Expansion patients (SSI, GA-X, GA-U, TANF, Medical Assistance clients), can be treated at any residential agency that provides the level of care needed by the client and accepts public funding for services. After completing an assessment and determining the level of care needed, please contact that agency directly with any referrals for residential treatment to make arrangements for admission.

(Click the name of the program to be taken to that programs information)

Agency	County Located	Population Served	Modality Contracted
	Region 1		
			T
American Behavioral Health	Spokane	Adult	Int Inpt, RH
<u>Daybreak – Spokane</u>	Spokane	Youth	YL II
Excelsior – Starting Point	Spokane	Youth	YL II
Excelsior – Turning Point	Spokane	Youth	RH
Isabella House - New Horizon Care Center	Spokane	PPW	Int Inpt, LTC
Pioneer Center East	Spokane	ITA	LTC
SPARC	Spokane	Adult	Int Inpt, RH, COD
Sun Ray Court - New Horizon Care Center	Spokane	Adult	Int Inpt, LTC
The Center for Alcohol & Drug Treatment	Chelan	Adult	Int Inpt
The Healing Lodge of Seven Nations	Spokane	Youth	YL I
	Region 2		
Sundown M Ranch	Yakima	Adult, PPW and Youth	Int Inpt, YL I, RH
<u>Triumph Treatment – Casita del Rio</u>	Benton	Adult and PPW	Int Inpt, LTC
<u>Triumph Treatment – James Oldham Center</u>	Yakima	Adult	Int Inpt
Triumph Treatment – Riel House	Yakima	PPW	Int Inpt, LTC

Agency	County Located	Population Served	Modality Contracted
	Region 3		
Evergreen Manor – Unit 1	Snohomish	PPW	Int Inpt, LTC, COD
Evergreen Manor – Unit 2	Snohomish	PPW	Int Inpt, LTC
Pioneer Center North	Skagit	ITA	LTC
SeaMar – Visions	Whatcom	Youth	YL II, RH
Skagit Recovery Center	Skagit	Youth	RH
	Region 4		
Genesis House	King	Adult and PPW	Int Inpt, LTC
Lakeside-Milam Recovery Center	King	Youth	YL II
Perinatal Treatment Services	King	PPW	Int Inpt, LTC
Recovery Centers of King County (RCKC)	King	Adult	Int Inpt
Ryther Child Center	King	Youth	YL II
SeaDruNar - Seattle Drug and Narcotic Center	King	Adult	LTC
SeaMar	King	Adult	Int Inpt, LTC
<u>SeaMar – Renacer</u>	King	Youth	YL II
Thunderbird - Seattle Indian Health Board	King	Adult	Int Inpt, RH, LTC
	Davis F		
	Region 5		
Fresh Start – Perinatal Adolescent Center	Pierce	Youth	YLI
Kitsap Recovery Center	Kitsap	Adult	Int Inpt
Olalla Guest Lodge	Kitsap	Adult	Int Inpt
Perinatal Treatment Services	Pierce	PPW	Int Inpt, LTC
Prosperity Counseling & Treatment Services	Pierce	Adult	Int Inpt
Prosperity Wellness Center	Pierce	Adult	Int Inpt
SeaMar - Tacoma	Pierce	Adult and Youth	Int Inpt, COD, YL I

Agency	County Located	Population Served	Modality Contracted
	Region 6		
	rtogion o		
Daybreak - Vancouver	Clark	Youth	YL II
<u>Drug Abuse Prevention Center – Castle Rock</u>	Cowlitz	Adult	Int Inpt, LTC
Drug Abuse Prevention Center – Longview	Cowlitz	PPW	Int Inpt, LTC
<u>Lifeline Connections</u>	Clark	Adult	Int Inpt, LTC
Northwest Indian Treatment Center	Grays Harbor	Adult	Int Inpt, RH, COD
St Peter Chemical Dependency Center	Thurston	Adult and Youth	Int Inpt, COD, YL II

Modality Contracted: Int Inpt – Intensive Inpatient

RH – Recovery House
LTC – Long Term Care
COD – Co-Occurring Disorders
YL – Youth Level

ITA – Involuntary Treatment Act

Facility Name:

American Behavioral Health Systems Inc.

Greenbook Number:

096700

Facility Information:

Address: 44 East Cozza Drive; Spokane, WA 99208; MAIL: ABHS, PO Box

9977, Spokane, Washington 99209

Phone Number: (509) 325-6800

FAX Number: (509) 326-5025

E-Mail Address: ABHS Information; Craig Phillips - cphillips@abhsinc.net

ASAM PPC Level of Care: III.5, III.3, and III.1

Contact for Placement of Clients:

Name: La Risa Phillips

Phone Number: (509) 325-6800 Ext 12

FAX Number: (509) 326-5025

E-Mail Address: ABHS Admissions - abhs@comcast.net

Bed Capacity by Modality:

Adult Intensive Inpatient: 67.43 beds publicly-funded	Youth Intensive Inpatient: Level II: 0 Level II: 0
Adult Recovery House: 29.76 Publicly-Funded	Youth Recovery House:
Adult Long-Term Residential: 0.92 Publicly-Funded	

Funding Sources Accepted:

ADATSA, Treatment Expansion, CJTA, INSURANCE, CREDIT CARDS/CASH

Native American, Gay & Lesbian, African American, Spanish Speaking, Persons with Disabilities, Asian Pacific Islanders, All Other Populations

Specific Strengths of Agency

We have a very diverse staff and patient base. We have commitment to transition all patients to an ongoing continuum of care. We have flexibility to transfer patients to the appropriate program. Variable length of stay. ASAM fully implemented in placement, continuing care and discharge. Homelike environment

Specific Admission Criteria

Must be willing to comply with treatment. Must be physically and mentally able to comply with treatment.

Specific Admission Exclusions

None

Clients the Program Will Consider With Case Consultation

Persons with violent criminal history or arsonists must be staffed for appropriateness. Any questionable client to be referred can be clinically staffed for appropriateness to ABHS. No request for consideration will be refused. This does not mean the client in question will be admitted – only considered.

Other Services Available

Family Involvement, consulting ARNP

Brief Description of Treatment Philosophy

Chemical dependency is a disease that can be treated through abstinence, education, and behavioral retraining, which will only be successful through the investment and commitment of the diseased individual.

Nicotine Recovery Services

We have outside covered smoking areas for both men and women. Clients are allowed to use these smoking areas during scheduled breaks from treatment and after dinner until 10:00 PM on Sunday through Thursday and 11:00 PM Friday and Saturday. We provide nicotine addiction treatment as with any other substance addiction. We provide access to the Tobacco Quitline and nicotine replacement therapies are frequently used by our clients through the use of the Quitline.

Facility Name:

Daybreak of Spokane

Greenbook Number:

011601

Facility Information:

Address: 628 South Cowley; Spokane, WA 99202

Phone Number: (509) 624-3227

FAX Number: (509) 835-4272

E-Mail Address: Richard Miles - rmiles@daybreakinfo.org

ASAM PPC Level of Care: III.5

Contact for Placement of Clients:

Name: Nicole Brown

Phone Number: (888) 454-5506, ext. 26

FAX Number: (509) 835-4272

E-Mail Address: Daybreak Admissions - admissions@daybreakinfo.org

Bed Capacity by Modality:

Adult Intensive Inpatient: 0	Youth Intensive Inpatient: 40 beds Contracted beds: Level I: 0 Level II: 17.18
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	0

Funding Sources Accepted:

Youth

Adolescent Intensive Inpatient

Specific Strengths of Agency

Active use of Dialectical Behavioral Therapy (DBT) and working with clients that are experiencing multiple problems.

Specific Admission Criteria

Adolescents from age 12 to 18 exhibiting symptoms consistent with DSM-IV diagnoses of substance dependency or abuse and meeting American Society of Addiction Medicine placement criteria for Level III treatment. A and D Assessment, TB Tests, and Physical Examinations.

Specific Admission Exclusions

Over 18 years of age.

Clients the Program Will Consider With Case Consultation

Violent crimes against person.

Other Services Available

None

Brief Description of Treatment Philosophy

To provide a stable, safe therapeutic environment where the acute and dangerous drug use can be stopped, and where the client can be helped to recognize the problematic nature of his use and make a commitment to ongoing recovery.

Nicotine Recovery Services

Daybreak of Spokane offers a tobacco-free environment in which tobacco use is not permitted on the grounds of the facility.

Facility Name:

Daybreak of Vancouver **Greenbook Number:**

102000

Facility Information:

Address: 2924 Falk Road; Vancouver, WA 98661

Phone Number: (360) 750-9588

FAX Number: (360) 750-9718

E-Mail Address: Mike Ott - mott@daybreakinfo.org

ASAM PPC Level of Care: III.5

Contact for Placement of Clients:

Name: Jennifer Peterson

Phone Number: (888) 454-5506, ext. 26

FAX Number: (509) 835-4272

E-Mail Address: <u>Daybreak Admissions - admissions@daybreakinfo.org</u>

Bed Capacity by Modality:

Adult Intensive Inpatient: 0	Youth Intensive Inpatient: 16 beds Contracted Beds: Level I: 0 Level II: 14
Adult Recovery House:	Youth Recovery House:
Adult Long-Term Residential: 0	PPW: 0

Funding Sources Accepted:

Title XIX - Medicaid, DBHR, Private Insurance

Adolescent Boys Intensive Inpatient.

Specific Strengths of Agency

Active use of Dialectical Behavioral Therapy (DBT) and working with clients that are experiencing multiple problems.

Specific Admission Criteria

Males from age 12 to 18 exhibiting symptoms consistent with DSM-IV diagnoses of substance dependency or abuse and meeting ASAM Patient Placement Criteria for Level III treatment. A & D Assessment, TB Test, and Physical Examination.

Specific Admission Exclusions

18 years of age or older.

Clients the Program Will Consider With Case Consultation

18 years of age. Certain criminal offenses.

Other Services Available

None

Brief Description of Treatment Philosophy

To provide a stable, safe therapeutic environment where the acute and dangerous drug use can be stopped, and where the client can be helped to recognize the problematic nature of his use and make a commitment to ongoing recovery.

Nicotine Recovery Services

Daybreak Youth Services in Vancouver does not allow smoking in our facility as we are a youth program. We do lectures on nicotine. We provide recovery services to our clients.

Facility Name:

Drug Abuse Prevention Center (DAPC - Castle Rock)

Greenbook Number:

015100

Facility Information:

Address: 2232 S Silver Lake Road; Castle Rock, WA 98611 (Mailing Address:

PO Box 890; Kelso, WA 98626)

Phone Number: (360) 274-3262

FAX Number: (360) 274-3345

E-Mail Address: Gus Nolte - fnolte_dapcenter@qwest.net

ASAM PPC Level of Care: III.5 and III.3

Contact for Placement of Clients:

Name: Colleen Padgett

Phone Number: (360) 274-3262

FAX Number: (360) 274-3345

E-Mail Address: Gus Nolte - fnolte_dapcenter@qwest.net

Bed Capacity by Modality:

Adult Intensive Inpatient: 20 (16.88 of which are publicly-funded)	Youth Intensive Inpatient: Level I: 0 Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	
20 (15.26 of which are publicly funded)	

Funding Sources Accepted:

ADATSA, Treatment Expansion, CJTA

All chemically dependent individuals over 18 years of age

Specific Strengths of Agency

Therapeutic Community Environment

Specific Admission Criteria

ADATSA/TANF approval/referral.

Specific Admission Exclusions

Clients are considered on a case-by-case basis.

Clients the Program Will Consider With Case Consultation

Sex Offenders

Other Services Available

Adult basic education classes.

Brief Description of Treatment Philosophy

We believe that the treatment process for each patient must be of sufficient duration and intensity to allow the individual to explore themselves in depth. It must also provide for support upon completion of the initial treatment program.

Nicotine Recovery Services

Smoking is only allowed outside; at least 25 feet from any public exit/entry. We encourage and assist patients and staff in obtaining nicotine replacement therapy (NRT). This is performed by providing the Tobacco Quitline information to interested parties. Once the Quitline has been consulted, they may send NRT directly to patients.

Facility Name:

Drug Abuse Prevention Center (DAPC - Longview)

Greenbook Number:

015100

Facility Information:

Address: 600 Broadway, Longview, WA 98632

Phone Number: (360) 425-9600

FAX Number: (360) 425-7282

E-Mail Address: Cindy Jones - cjones_dapc@hughes.net

ASAM PPC Level of Care: III.5, III.3

Contact for Placement of Clients:

Name: Jeanne McKinney

Phone Number: (360) 425-9600 x. 25

FAX Number: (360) 425-7282

E-Mail Address: <u>Jeanne McKinney - ppwintake_dapc@hughes.net</u>

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient:
0	Level I: 0
	Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	16 Women, 16 Children

Funding Sources Accepted:

PPW, Medicaid

Client Focus

All chemically dependent Pregnant and Post-Partum Women (PPW) over 18 years of age, and children aged 6 years or under accompanying their mother

Specific Strengths of Agency

Therapeutic Community Environment

Specific Admission Criteria

ADATSA/PPW approval/referral

Specific Admission Exclusions

Clients are considered on a case-by-case Basis

Clients the Program Will Consider With Case Consultation

.Sex Offenders

Other Services Available

Outpatient, Drug Court, Aftercare and ongoing recovery support; Adult basic education classes.

Brief Description of Treatment Philosophy

We believe that the treatment process for each patient must be of sufficient duration and intensity to allow the individual to explore themselves in depth. It must also provide for support upon completion of the initial treatment program.

Nicotine Recovery Services

DAPC-Longview is a tobacco-free facility. We encourage and assist patients and staff in obtaining nicotine replacement therapy (NRT). This is performed by providing the Tobacco Quitline information to interested parties. Once the Quitline has been consulted, they may send NRT directly to patients.

Facility Name:

Evergreen Manor - Unit 1 (PPW)

Greenbook Number:

010801

Facility Information:

Address: 2601 Summit Avenue, Bldg B; Everett, WA 98201

Phone Number: (425) 258-2407

FAX Number: (425) 339-2601

E-Mail Address: **Evergreen Manor Information**

ASAM PPC Level of Care: III.5 and III.3

Contact for Placement of Clients:

Name: Marie Gawad

Phone Number: (425) 258-2407

FAX Number: (425) 339-2601

E-Mail Address: **Evergreen Manor Unit 1 Admissions**

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient:
0	Level I: 0
	Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	12 Women, 6 Children

Funding Sources Accepted:

Medicaid, TANF, PPW, Insurance and Private Pay

Long-term treatment for chemically dependent women who are pregnant or with young children in their care. Specialize in women with personality disorder, backgrounds of trauma, and involved with CPS. DSHS Licensed therapeutic day care program six days a week for infants and children up to age 5 in residence with the mother.

Specific Strengths of Agency

Treatment includes not only traditional CD treatment and 12-step orientation, but also Dialectical Behavior Therapy and mental health counseling. Smoking cessation program includes hypnotherapy as well as pharmacological aids.

Specific Admission Criteria

Must be able to climb stairs, as our buildings are two-stories. Must understand that smoking is not allowed and smoking cessation is a part of the treatment program.

Specific Admission Exclusions

Must be physically and mentally able to participate in treatment.

Clients the Program Will Consider With Case Consultation

Will take women on methadone once dose is stabilized. Will consider women on psychotropic medications.

Other Services Available

Case-managed transitional housing following discharge from treatment is available, and planning begins while the woman is still actively engaged in residential treatment. Co-occurring outpatient support groups (MICA) co-facilitated with local mental health center. Dual disorder intensive outpatient treatment. On-site detox facility for preadmission detoxification.

Brief Description of Treatment Philosophy

Chemical dependency is a disease treated by abstinence from alcohol and other mood-altering drugs. The goal of our treatment is to provide the individual with tools for self-awareness and clean and sober living that will support the patient after they have completed the residential treatment experience. Both group and individual counseling provide opportunities for patients to come to understand addiction as a disease and to become aware of the triggers that could lead them to relapse.

Treatment of the family is important to breaking the dysfunctional relationships that become established during active addiction, so families are encouraged to participate in our weekend family education and counseling sessions. Mental health counseling is available as an optional component of the program for those women who also have psychological issues, including family of origin and trauma. Familiarity with and long-term use of self-help recovery support groups is also a goal of treatment.

Nicotine Recovery Services

Evergreen Manor is a tobacco-free environment. We offer nicotine abuse/addictions supports including: nicotine patches and gum, when available (only for those on Title XIX); hypnosis, smoking cessation group, therapeutic milieu where nicotine results in punishment (writing an essay about nicotine when caught smelling of smoke). Our policy for nicotine use by staff is that smoking isn't allowed within 2 blocks of the facility.

Facility Name:

Evergreen Manor - Unit 2 (PPW)

Greenbook Number:

010802

Facility Information:

Address: 2601 Summit Avenue, Bldg B; Everett, WA 98201

Phone Number: (425) 258-2407

FAX Number: (425) 339-2601

E-Mail Address: **Evergreen Manor Information**

ASAM PPC Level of Care: III.5 and III.3

Contact for Placement of Clients:

Name: Marie Gawad

Phone Number: (425) 258-2407

FAX Number: (425) 339-2601

E-Mail Address: **Evergreen Manor Unit 2 Admissions**

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient:
0	Level I: 0
	Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	9 Women, 9 Children

Funding Sources Accepted:

Medicaid, TANF, PPW, Insurance and Private Pay

The co-occurring disorders program will provide up to six months of declining intensity residential treatment for pregnant or parenting women with significant mental health issues. The program will not serve seriously mentally ill but will accept women with mood disorders, personality disorders, and post-traumatic stress disorders. Potential patients on medications must be sufficiently stabilized to participate in all phases of the treatment program. Chemical dependency treatment will be supplemented with regular onsite mental health counseling and parenting training. Specialize in women with personality disorder, mood disorders, backgrounds of trauma, and involved with CPS. DSHS Licensed therapeutic day care program six days a week for infants and children up to age 5 in residence with the mother.

Specific Strengths of Agency

Long-term treatment regimen includes not only traditional CD treatment and 12-step orientation, but also focused mental health counseling and Dialectical Behavior Therapy. Specialize in women with mood and personality disorders, and backgrounds of trauma. Work closely with CPS. Parenting education in group, individual, and experiential settings. Will transport resident for daily methadone doses. Smoking cessation program includes hypnotherapy as well as pharmacological aids.

Specific Admission Criteria

Must be able to climb stairs, as our buildings are two-stories. Must understand that smoking is not allowed and smoking cessation is a part of the treatment program.

Specific Admission Exclusions

Must be physically and mentally able to participate in treatment.

Clients the Program Will Consider With Case Consultation

Will take women on methadone once dose is stabilized. Will accept women stabilized on psychotropic medications when able to fully participate in treatment activities.

Other Services Available

Case-managed transitional housing following discharge from treatment is available, and planning begins while the woman is still actively engaged in residential treatment. Co-occurring outpatient support groups (MICA) co-facilitated with local mental health center. Dual disorder intensive outpatient treatment also provided in outpatient. On-site detox facility for preadmission detoxification.

Brief Description of Treatment Philosophy

Chemical dependency is a disease treated by abstinence from alcohol and other mood-altering drugs. The goal of our treatment is to provide the individual with tools for self-awareness and clean and sober living that will support the patient after they have completed the residential treatment experience. Both group and individual counseling provide opportunities for patients to come to understand addiction as a disease and to become aware of the triggers that could lead them to relapse.

Treatment of the family is important to breaking the dysfunctional relationships that become established during active addiction, so families are encouraged to participate in our weekend family education and counseling sessions. Mental health counseling is available as an optional component of the program for those women who also have psychological issues, including family of origin and trauma. Familiarity with and long-term use of self-help recovery support groups is also a goal of treatment.

Nicotine Recovery Services

Evergreen Manor is a tobacco-free environment. We offer nicotine abuse/addictions supports including: nicotine patches and gum, when available (only for those on Title XIX); hypnosis, smoking cessation group, therapeutic milieu where nicotine results in punishment (writing an essay about nicotine when caught smelling of smoke). Our policy for nicotine use by staff is that smoking isn't allowed within 2 blocks of the facility.

Facility Name:

Excelsior Youth Center - Starting Point and Turning Point

Greenbook Number:

089300

Facility Information:

Address: 3754 W. Indian Trail Road; Spokane, WA 99208

Phone Number: (509) 328-7041

FAX Number: (509) 328-7582

E-Mail Address: **Excelsior Information**

ASAM PPC Level of Care: Starting Point - III.5, Turning Point - III.1

Contact for Placement of Clients:

Name: Charise Pope

Phone Number: (509) 328-7041, ext. 133

FAX Number: (509) 328-7582

E-Mail Address:

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient: 25 beds
0	Contracted Beds:
	Level I: 0
	Level II: 10 (Starting Point)
Adult Recovery House:	Youth Recovery House:
0	11.37 (Turning Point)
Adult Long-Term Residential:	PPW:
0	0

Funding Sources Accepted:

Youth DBHR, County O.P., Insurance, Group Health, CDDA

Chemical Dependency Recovery – Inpatient and Recovery Programs, Mental Health

Specific Strengths of Agency

Accredited on grounds Junior and Senior High School, Mental Heath Assessments and Treatment. COA Accreditation.

Specific Admission Criteria

Admissions committee review each clients admission packets – must meet ASAM Standards.

Specific Admission Exclusions

Sexually Aggressive Youth.

Clients the Program Will Consider With Case Consultation

Deaf or Blind.

Other Services Available

Residential services, diagnostic and assessment, treatment foster care, outpatient, and Group Care Enhancement for RT.

Brief Description of Treatment Philosophy

Cognitive Behavior/Motivational Interviewing.

Nicotine Recovery Services

Youth patients are not allowed to use tobacco while at Starting Point and Turning Point. We offer smoking cessation programs that are individualized per patient request. We do have the limited capacity to obtain nicotine replacement therapies and in past we have had doctors orders for nicotine gum.

Facility Name:

Fresh Start (Adolescent women's program owned and operated by PTS-Tacoma)

Greenbook Number:

112400

Facility Information:

Address: 4810 South Wilkeson; Tacoma, WA 98408

Phone Number: 253-475-2500

FAX Number: (253) 471-2884

E-Mail Address: Alison Foliart - Executive Director; alisonf@ptswa.org

Vicki Stark - Program Manager; vickis@ptswa.org

ASAM PPC Level of Care: III.5

Contact for Placement of Clients:

Name: Leona Lau, Placement Coordinator

Phone Number: 253-475-2500 ext 228

FAX Number: 253-471-2884

E-Mail Address: Fresh Start Admissions; leonal@ptswa.org

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient:
0	Contracted Beds:
	Level I: 15
	Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	Will accept pregnant and/or parenting
	clients ages 16 and above to adult
	program, Room for 4 Children

Funding Sources Accepted:

DBHR	
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A substance abuse treatment program for young women ages 12 through 17

Specific Strengths of Agency

Specific program for adolescent girls which includes school through the Tacoma Public School District

Specific Admission Criteria

Females only

Specific Admission Exclusions

Each referral is evaluated on a case by case basis

Clients the Program Will Consider With Case Consultation

Pregnant or parenting girls over the age of 16 may be eligible for admission to our adult program

Other Services Available

Nursing services and health education and mental health referrals and follow-up

Brief Description of Treatment Philosophy

Perinatal Treatment Services is committed to offering chemically dependent women comprehensive services from qualified staff. Our focus is on total abstinence from drug and/or alcohol use. In addition to chemical dependency, issues surrounding codependency and family issues, abuse and domestic violence will be addressed. Education in the areas of self-esteem, parenting, coping and living skills will be part of the treatment program.

Perinatal Treatment Services offers residential services to pregnant and parenting women and their children. If space is available, non-parenting women may be enrolled.

Perinatal Treatment Services believes that treating the child is equally as important as treating the woman. We implement a family support model that emphasizes:

- Equal attention be given to children's treatment as well as the mother's
- The child and mother receive treatment as a unit.
- Individual differences are valued and encouraged.
- Treatment will take place in a safe, consistent and supportive environment

Nicotine Recovery Services

All PTS programs provide Smoking Cessation intervention including nicotine patches. PTS facilities are all nicotine-free environments.

Facility Name:

Genesis House

Greenbook Number:

016400

Facility Information:

Address: 621 - 34th Ave.; Seattle, WA 98122

Phone Number: (206) 328-0881

FAX Number: (206) 726-1930

E-Mail Address: **Genesis House Information**

ASAM PPC Level of Care: Phase 1 - III.5, Phase 2 - III.1, Phase 3 - I

Contact for Placement of Clients:

Name: Laurel Reiter

Phone Number: 206-860-2623

FAX Number: (206) 726-1930

E-Mail Address: Genesis House Admissions

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient:
0	Level I: 0
	Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
15.26	13 Women, 14 Children

Funding Sources Accepted:

ADATSA, Treatment Expansion, PPW

PPW and ADATSA

Specific Strengths of Agency

Job training, diverse and stable staff with many years of commitment to our agency. Treatment activities provided (groups/1-1 counseling) far exceed the requirements.

Specific Admission Criteria

18 years or older, ADATSA eligible, drug or alcohol addiction

Specific Admission Exclusions

Sex offenders; Arsonists; Violent criminal history (depends on severity).

Clients the Program Will Consider With Case Consultation

Borderlines; Antisocials; Bi-Polar; Anxiety disorders; Depression. Patients are allowed to take antidepressant drugs, anti-anxiety or meds for bi-polar. We do not allow patients to take sedating drugs or sleep-aids or anti-psychotics.

Other Services Available

Job training, GED preparation, Outpatient, Vocational counseling, Therapeutic childcare, Parenting classes and counseling.

Brief Description of Treatment Philosophy

A team of professionals and recovering addicts skilled in reality therapy confront the patients' maladaptive attitudes and behaviors. The patients are believed to change their negative behaviors by practicing positive behavior until it is internalized. We look into issues that may have been a contributing factor to drug use. Patients learn daily living skills in a family atmosphere. (Therapeutic community)

Nicotine Recovery Services

At Genesis House, patients are allowed smoke breaks at designated times in a designated area. Patients are not allowed to use chewing tobacco. We use Free & Clear nicotine patch, and have stop smoking groups for patients who want to discontinue tobacco use.

Facility Name:

The Healing Lodge of the Seven Nations

Greenbook Number:

046200

Facility Information:

Address: 5600 E 8th Ave Spokane WA 99212

Phone Number: (509) 533-6910

FAX Number: (509) 535-2863

E-Mail Address: Martina Whelshula - Martina W@healinglodge.org

ASAM PPC Level of Care: III.5

Contact for Placement of Clients:

Name: Leslie Herman

Phone Number: (509) 533-6910 ext 240

FAX Number: (509) 535-5749

E-Mail Address: Healing Lodge Admissions - admissions@healinglodge.org

Bed Capacity by Modality:

Adult Intensive Inpatient: 0	Youth Intensive Inpatient: 30 beds Contracted beds: Level I: 10
	I
	Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	0

Funding Sources Accepted:

DBHR, Indian Health Services, and primary insurance

Individual and groups counseling, Relapse prevention, Chemical Dependency Education, Effective Communication groups, Alcohol and Drug process groups. Family Education program and Mental Health counseling and groups.

Specific Strengths of Agency

Cultural Program and a Mental Health & Family Departments The Healing Lodge also has a Level system for the patients.

Specific Admission Criteria

Completion of a intake packet, and meet the ASAM criteria for a Level III.5

Specific Admission Exclusions

Over the age of 18 (if they are not enrolled in school), Primary Mental Health Needs, Pregnant Women

Clients the Program Will Consider With Case Consultation

Courts and other programs.

Other Services Available

Recreation and education. The Healing Lodge also has a Level System in place.

Brief Description of Treatment Philosophy

The Healing Lodge of the Seven Nations is dedicated to helping Native American youth and their families heal from the trauma of alcohol and drug abuse. Treatment planning emphasizes building on the strength of youth, family, and community to ensure a strong basis of support as the youth journeys towards life free of abuse and addiction.

Nicotine Recovery Services

At Healing Lodge, we operate a tobacco-free environment. We work with the patients individually to deal the cravings for nicotine, and we education the patient regarding the effects of nicotine in a group setting.

Facility Name:

Isabella House - New Horizon Care Center

Greenbook Number:

019701

Facility Information:

Address: West 2308 3rd Avenue; Spokane, WA 99202

Phone Number: (509) 624-1244

FAX Number: (509) 624-6240

E-Mail Address: Information - fariba@newhorzonscarecenters.org

ASAM PPC Level of Care: III.5

Contact for Placement of Clients:

Name: Geoff Sneed or Dawni Miller

Phone Number: (509) 624-1244 Ext 11

FAX Number: (509) 624-6240

E-Mail Address: Geoff Sneed - geoff@newhorizonscarecenters.org

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient:
0	Level I: 0
	Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	24 Women, 21 Children

Funding Sources Accepted:

PPW

Native American 30-40%, Pregnant and Parenting Women

Specific Strengths of Agency

Addiction counseling with strong emphasis on motivational techniques and appropriate parenting skills. In-house GED program

Specific Admission Criteria

Pregnant or parenting women with children

Specific Admission Exclusions

Sex offenders

Clients the Program Will Consider With Case Consultation

Psychotropic medications are allowed with physician supervision. Methadone is allowed if client is pregnant

Other Services Available

We provide a licensed therapeutic child care and transitional housing. Additional services are acupuncture, GED and infant massage

Brief Description of Treatment Philosophy

To honor the dignity of all persons and provide nurturing care to those suffering from substance abuse

Nicotine Recovery Services

Isabella House is a tobacco-free environment. Free nicotine replacement therapy (NRT) in the form of nicotine patches are supplied to patients in need. There are also meetings on site designed to support patients in the quitting process.

Facility Name:

Kitsap Recovery Center **Greenbook Number:**

006700

Facility Information:

Address: 1975 NE Fuson Road; Bremerton, WA 98311

Phone Number: (360) 337-4625

FAX Number: (360) 377-7027

E-Mail Address: Julie Sanko - jsanko@co.kitsap.wa.us

ASAM PPC Level of Care: III.5

Contact for Placement of Clients:

Name: Julie Sanko

Phone Number: (360) 337-4625

FAX Number: (360) 377-7027

E-Mail Address: Julie Sanko - jsanko@co.kitsap.wa.us

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient:
42 beds, 34.99 publicly-funded	Level I: 0
	Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	0

Funding Sources Accepted:

DATSA, Treatment Expansion

None noted

Specific Strengths of Agency

Indigent, low-income, methamphetamine, medication management

Specific Admission Criteria

Almost anyone will be considered, except patients actively addicted to barbiturates or benzodiazapines, violent individuals, arsonists, or patients who are not stabilized on their (primarily mental health) medicines and therefore should be in a medical setting.

Specific Admission Exclusions

Arsonists; Ritalin; Sex Offenders – if not committed under the influence, requires staffing; Violent Criminal History – If not committed under the influence, requires staffing; Benzodiazapines – exceptions may be made, circumstances must be staffed; Narcotic Pain Medication – not if condition is chronic (acute medical conditions may be staffed with nurse); Medically or mentally unstable.

Clients the Program Will Consider With Case Consultation

Sex offense, violent crimes, mental health medication

Other Services Available

Detox, outpatient, drug court, ADATSA assessment, involuntary commitment assessment, UAs, ADATSA protective payee in outpatient.

Brief Description of Treatment Philosophy

Abstinence model; 12-step program philosophy; behavioral; patients required to take personal responsibility for their decisions; lecture; group modality primarily.

Nicotine Recovery Services

Supportive of non-use. Can use nicotine alternative if approved by physician

Facility Name:

Lakeside-Milam Recovery Centers

Greenbook Number:

041100

Facility Information:

Address: 12845 Ambaum Blvd; Seattle, WA 98146

Phone Number: (206) 241-0890

FAX Number: (206) 241-0769

E-Mail Address: Judy Bixby - bixbyj@lakesidemilam.com

ASAM PPC Level of Care: III.7

Contact for Placement of Clients:

Name: Intake Coordinator

Phone Number: (206) 241-0890

FAX Number: (206) 241-0769

E-Mail Address:

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient: 50 beds
86	Contracted Beds:
	Level I: 0
	Level II: 8.18
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	0

Funding Sources Accepted:

Youth – Most private insurances and DBHR funding.

Youth ages 11 through 19 who meet the criteria for being both chemically dependent and with symptoms of mental health diagnosis (or potential diagnosis) requiring concurrent management with the treatment of addiction

Specific Strengths of Agency

20 year history providing addiction treatment, intensive week for affected families, full continuum of care through our 11 outpatient, 2 residential and detox units.

Specific Admission Criteria

Meet ASAM criteria for addiction treatment

Specific Admission Exclusions

All cases are staffed on a case by case basis.

Clients the Program Will Consider With Case Consultation

All considered with consultation

Other Services Available

Detox, Family Services, and Continuing Care.

Brief Description of Treatment Philosophy

Addiction is a primary, progressive and entirely treatable physical illness. A fundamental strength that sets our program apart is our history of abiding commitment to providing effective treatment based on the disease paradigm of addiction. Again and again, our patients prove that bodies, spirits, and lives are healed when rid of the cultural accusations of guilt and shame and when supported by good nutrition, reeducation, family involvement, medical care and dedicated multidisciplinary teams of Lakeside professionals, 90% of whom are themselves in recovery.

Nicotine Recovery Services

Lakeside-Milam Recovery Center Burien Residential for Youth is a tobacco-free environment. We provide supports in the form of nicotine patches for those who desire to discontinue tobacco use.

Facility Name:	
Lifeline Connections	
Greenbook Number:	
000900	

Facility Information:

Address: 1601 East Fourth Plain Blvd., Bldg 17; Vancouver, WA 98661
Phone Number: 360-397-8246
FAX Number: 360-397-8250
E-Mail Address: www.lifelineconnections.org
ASAM PPC Level of Care: III.5

Contact for Placement of Clients:

ontact for Placement of Clients:
Name: Daniel Clune, LICSW, CDP, MAC Director of Clinical Services, ex 7521
Jade Hennesy, Coordinator of Admissions
Leah Rhodes, Program Mgr. CD Residential Services;
Jason Low, DETOX Coordinator,
Lynn Smiley RN, Manager of Medical Services
Phone Number: Leah Rhodes: 360-397-8246 ext 7472
Jason Low: 360-397-8246, ext 7465
TTY: 360-397-8468
FAX Number: Intensive Inpatient: 360-397-8455
DETOX: 360-397-8447
E-Mail Address: Leah Rhodes – <u>lrhodes@lifelineconnections.org</u>
Jason Low - jlow@lifelineconnections.org

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient:
60 beds total	Level I: 0
16 beds detoxification services	Level II: 0
	Secure?: \[Y \[\] N
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	0

Funding Sources Accepted:

$\Delta D \Delta T C \Delta$	Treatment Expan	sion Private	Pay Incurance
ALJALSA	. Праннен ехран	SIOIL FILVAIC	FAV. HISHIAHUE

Adults in general and Adults who are Deaf or Hard-of-Hearing

Specific Strengths of Agency

Lifeline employs a broad range of professionals, including full time psychiatric services, medication management, counseling staff includes those with advance degrees in counseling who work as part of a team in providing quality treatment services. Agency staff members are committed to eliminating the stigma associated with chemical dependency and mental illness. Facilities are new and are co-located in Community health center with other social service providers.

Specific Admission Criteria

Negative TB test required prior to admission.

Patients with positive TB test must provide a proof of treatment or conformation of not being infectious by a medical professional (chest x-ray will be required in most cases).

DSM-IV-TR, or its successor, diagnosis of alcohol or other drug dependence. Applicants must meet ASAM PPC, or its successor, for inpatient treatment. Patients with medical or mental health issues controlled by medications must have sufficient supply of medications for the duration of treatment.

Specific Admission Absolute Exclusions

Medical problems beyond scope of care.

Psychiatric Issues beyond scope of care

Patients not able to provide for self-care (e.g., bathing, toileting, getting into or out of bed, feeding, etc.).

Clients with history of fire starting

Level 3 sex offenders.

Clients the Program Will Consider With Case Consultation

Co-morbid mental and substance abuse disorders, level 1 sex offenders.

Other Services Available

Sub-acute detoxification; intensive outpatient and outpatient for adults and specialty services for women, offenders and Deaf or Hard-of-Hearing; outpatient co-occurring treatment for substance abuse and mental disorder(s); mental health treatment, case management, and medication management.

Brief Description of Treatment Philosophy

Lifeline agrees with the 1987 resolution of the American Medical Association that states that all chemical dependencies are diseases. Chemical dependency is a treatable illness that affects individuals as well as their families. While not curable, alcoholism and other drug addictions are treatable. We subscribe to a holistic approach in the treatment of chemical dependency. The central goal of all chemical dependency treatment programs operated by Lifeline is the goal of abstinence. With proper assessment and referral to appropriate treatment modalities, by abstaining from psychoactive substances, and by inclusion in support programs, folks who suffer from alcohol dependence and other drug addictions can recover from their disease..

Lifeline Connections s	supports reduction and ces	sation of nicotine use a	and
dependence through ed	ducation, prescribed medic	cine and social support	•

Facility Name:

Northwest Indian Treatment Center (NWITC)

Greenbook Number:

074000

Facility Information:

Address: 308 E. Young St.; Elma, WA 98541

Phone Number: (360) 482-2674

FAX Number: (360) 482-1413

E-Mail Address: NWITC Information - Bluesky@olynet.com

ASAM PPC Level of Care: III.5, III.3, III.1

Contact for Placement of Clients:

Name: Allan Burns or Pauline Foster

Phone Number: (360) 482-2674

FAX Number: (360) 482-1413

E-Mail Address: NWITC Admissions - NWITC_intake@yahoo.com

Bed Capacity by Modality:

Adult Intensive Inpatient: 13.54 publicly-funded (24 total DOH licensed beds)	Youth Intensive Inpatient: Level I: 0 Level II: 0
Adult Recovery House: 6.0	Youth Recovery House:
Adult Long-Term Residential:	PPW: 0

Funding Sources Accepted:

ADATSA, Treatment Expansion, Purchase Order, or insurance

Native Americans

Specific Strengths of Agency

Intense treatment directed at unresolved trauma; frequent 1-1 counselor contact.

Specific Admission Criteria

ADATSA, TANF or other payer. Medically stable. Psychologically stable.

Specific Admission Exclusions

Sex offenders, Arsonists;

Clients the Program Will Consider With Case Consultation

Narcotic pain medication

Other Services Available

Outpatient, Intensive Outpatient, Aftercare

Brief Description of Treatment Philosophy

Many Native Americans have a chronic relapse pattern because of unresolved trauma and accumulated grief. NWTC helps patients address and resolve issues that obstruct recovery.

Nicotine Recovery Services

At Northwest Indian Treatment Center, tobacco is used outside the building in marked areas. If patients at the facility are clear they'd like to stop using nicotine, they are referred to a physician to obtain nicotine replacement therapy.

Facility Name:

Olalla Recovery Centers - Olalla Guest Lodge

Greenbook Number:

007000

Facility Information:

Address: 12851 SE Lala Cove Lane, Olalla, WA 98359

Phone Number: (253) 857-6201

FAX Number: (253) 857-3993

E-Mail Address: Randy Viers - randy.viers@olalla.org

ASAM PPC Level of Care: III.5

Contact for Placement of Clients:

Name: Randy Viers

Phone Number: (253) 857-6201

FAX Number: (253) 857-3993

E-Mail Address: Randy Viers - randy.viers@olalla.org

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient:
7.17 Publicly-Funded, 50 Total Capacity	Level I: 0
	Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	0

Funding Sources Accepted:

ADATSA, Treatment Expansion, Insurance, Private Pay

Client Focus

Adult Men & Women, Native American

Specific Strengths of Agency

- 1. We continually examine, evaluate and improve the methods we use to respond to the needs of our patients and our community.
- 2. We seek to identify new ways of providing the best possible service on a continual basis.
- 3. We are solution-oriented individually and collectively responsible for carrying out our mission.
- 4. We create a work environment which encourages innovation and is open to creative approaches to accomplishing our mission
- 5. We are committed to professional growth through training, education and self-improvement.
- 6. We endeavor to maintain the highest ethical standards throughout our organization.
- 7. We conduct and promote activities that reduce the stigma of chemical dependency.

Specific Admission Criteria

Olalla Recovery Center uses the appropriate PPC for patient admission. Admission also includes the patient's ability to meet the following criteria:

- 1. Progression of the patient's disease does not prohibit patient from benefitting from treatment at the appropriate level of care.
- 2. Patient's living environment and support base of family and/or significant other is conducive to recovery at the appropriate level of care.
- 3. Patient's physical and emotional level of dysfunction from his/her chemical use does not inhibit him/her from benefitting from treatment.
- 4. Patient's capacity and motivation are conducive to achieving and maintaining abstinence from chemical use at the appropriate level of care.

Specific Admission Exclusions

The patient may not be:

- 1. A resident of any drug addiction or drug abuse treatment program.
- 2. Showing acute opiate withdrawal.
- 3. Showing acute barbiturate withdrawal.
- 4. Showing acute benzodiazepine withdrawal.
- 5. A sex offender.
- 6. An arsonist.
- 7. Admitted with a violent criminal history.

Clients the Program Will Consider With Case Consultation

Patients on any type of medication will require a case consultation prior to admission.

Other Services Available

None noted

Brief Description of Treatment Philosophy

Alcoholism and other drug addictions constitute a primary, chronic disease with genetic, biological, psychological and environmental factors influencing its development and manifestations. The disease is progressive and fatal if untreated. Like any other illness, chemical dependency must be treated by skilled professionals. Since 1969, we have successfully treated all aspects of this disease, including the needs of special populations. At Ollalla Recovery Centers, we provide the means to achieve and maintain abstinence. Patients are respected, their confidentiality is observed and understanding extended to them during this difficult time.

Nicotine Recovery Services

At Olalla, smoking is restricted to certain times and a designated smoking area. We offer education, information and counseling to those in need of nicotine recovery services. The Tobacco Quitline is used to supply patients with nicotine replacement therapy (NRT).

Facility Name:

Perinatal Treatment Services - Tacoma

Greenbook Number:

090700

Facility Information:

Address: 4810 South Wilkeson; Tacoma, WA 98408-1498

Phone Number: 253-475-2500

FAX Number: 253-471-2884

E-Mail Address: Alison Foliart - Executive Director; alisonf@ptswa.org

Vicki Stark - Program Manager; vickis@ptswa.org

ASAM PPC Level of Care: III.5

Contact for Placement of Clients:

Name: Amber Kilwine, Placement Coordinator

Phone Number: (206) 223-1300 Ext. 234

FAX Number: (206) 223-1279

E-Mail Address: PTS-Tacoma Admissions - amberk@ptswa.org

Bed Capacity by Modality:

Adult Intensive Inpatient: 0	Youth Intensive Inpatient: Level I: 0 Level II: 0
Adult Recovery House:	Youth Recovery House:
Adult Long-Term Residential:	PPW: 16 Women, 16 Children

Funding Sources Accepted:

Title XIX - Medicaid, PPW

Client Focus

Pregnant and ParentingWomen

Specific Strengths of Agency

Comprehensive services to pregnant and parenting chemically dependent women and their children.

Specific Admission Criteria

Must be pregnant or have parental rights to a child less than 18 years of age. If the patient's child/children cannot accompany her into treatment at time of admission, she must be working towards reunification while in treatment.

Specific Admission Exclusions

Each referral evaluated on a case by case basis

Clients the Program Will Consider With Case Consultation

Accepts co-occurring disorders.

Other Services Available

Case management, nursing services, on-site therapeutic child care, mental health referrals and follow-up, referrals for domestic violence and sexual abuse, on-site parenting classes, life skills training.

Brief Description of Treatment Philosophy

Perinatal Treatment Services is committed to offering chemically dependent women comprehensive services from qualified staff. Our focus is on total abstinence from drug and/or alcohol use. In addition to chemical dependency, issues surrounding codependency and family issues, abuse and domestic violence will be addressed. Education in the areas of self-esteem, parenting, coping and living skills will be part of the treatment program.

Perinatal Treatment Services offers residential services to pregnant and parenting women and their children. If space is available, non-parenting women may be enrolled.

Perinatal Treatment Services believes that treating the child is equally as important as treating the woman. We implement a family support model that emphasizes:

- Equal attention be given to children's treatment as well as the mother's
- The child and mother receive treatment as a unit.
- Individual differences are valued and encouraged.
- Treatment will take place in a safe, consistent and supportive environment

Nicotine Recovery Services

All PTS programs provide Smoking Cessation intervention including nicotine patches. PTS facilities are all tobacco-free environments.

Facility Name:

Perinatal Treatment Services - Seattle

Greenbook Number:

004406

Facility Information:

Address: 600 N. 130th Street; Seattle, WA 98133

Phone Number: (206) 223-1300

FAX Number: (206) 223-1279

E-Mail Address: Alison Foliart, Executive Director - alisonf@ptswa.org

Heather Connors, Tx Supervisor - heatherc@ptswa.org

ASAM PPC Level of Care: III.5

Contact for Placement of Clients:

Name: Sheree Goetzen, Placement Coordinator

Phone Number: (206) 223-1300 Ext. 234

FAX Number: (206) 223-1279

E-Mail Address: PTS-Seattle Admissions; Sheree Goetzen - shereeg@ptswa.org

Bed Capacity by Modality:

Adult Intensive Inpatient: 0	Youth Intensive Inpatient: Level II: 0 Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
	26 Women, 18 Children (licensed for 30
	treatment beds)

Funding Sources Accepted:

PPW, Medicaid

Pregnant and ParentingWomen

Specific Strengths of Agency

Comprehensive services to pregnant and parenting chemically dependent women and their children.

Specific Admission Criteria

Must be pregnant or have parental rights to a child aged 5 years of age or less. If the patient's child/children cannot accompany her into treatment at time of admission, she must be working towards reunification while in treatment.

Specific Admission Exclusions

Each referral evaluated on a case by case basis

Clients the Program Will Consider With Case Consultation

Accepts co-occurring disorders.

Other Services Available

Case management, nursing services, on-site therapeutic child care, mental health referrals and follow-up, referrals for domestic violence and sexual abuse, on-site parenting classes, life skills training.

Brief Description of Treatment Philosophy

Perinatal Treatment Services is committed to offering chemically dependent women comprehensive services from qualified staff. Our focus is on total abstinence from drug and/or alcohol use. In addition to chemical dependency, issues surrounding codependency and family issues, abuse and domestic violence will be addressed. Education in the areas of self-esteem, parenting, coping and living skills will be part of the treatment program.

Perinatal Treatment Services offers residential services to pregnant and parenting women and their children. If space is available, non-parenting women may be enrolled.

Perinatal Treatment Services believes that treating the child is equally as important as treating the woman. We implement a family support model that emphasizes:

- Equal attention be given to children's treatment as well as the mother's
- The child and mother receive treatment as a unit.
- Individual differences are valued and encouraged.
- Treatment will take place in a safe, consistent and supportive environment

Nicotine Recovery Services

All PTS programs provide Smoking Cessation intervention including nicotine patches. PTS facilities are all tobacco-free environments.

Facility Name:

Pioneer Center East

Greenbook Number:

111600

Facility Information:

Address: 3400 W. Garland Avenue; Spokane, WA 99205

Phone Number: 509-325-2355

FAX Number: 509-326-3370

E-Mail Address: Brad Humphries - brad.humphries@p-h-s.com

ASAM PPC Level of Care: III.3, III.2-D

Contact for Placement of Clients:

Name: Brad Humphries, Program Director

Linda Santos, Admissions Coordinator

Phone Number: Brad Humphries: 509-325-2355 ext. 202

Linda Santos: 509-325-2355 ext. 206

FAX Number: 509-326-3370

E-Mail Address: Brad Humphries - brad.humphries@p-h-s.com

Linda Santos - linda.santos@p-h-s.com

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient:
0	Level I: 0
	Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
53 total beds-35 DBHR contracted	0

Funding Sources Accepted:

State CD-ITA (35)-Private Pay-Tribal-CJTA-US Probation-DOC

Chemically Dependent individuals who meet criteria as defined in RCW 70.96A.140.

Specific Strengths of Agency

Vocational Programming, Sub-Acute Detoxification Services, Psychiatrist, Medical Doctor, Health Services Staff who assist with medication monitoring, diverse counseling/case-management staff, Co-Occurring Disorder Education (COD), Motivational and Relapse behavior groups.

Specific Admission Criteria

Individuals who meet criteria as defined in RCW 79.96A.140 and have a valid order for 60 days of treatment at Pioneer Center East. Individuals who meet criteria, but are not court committed may be admitted depending on bed availability, however court committed individuals always take priority. Tribal commitments for 60-day treatment periods are accepted as well.

Specific Admission Exclusions

All admission applications are evaluated on a case- by- case bases. Depending on circumstances, exclusions may include individuals who are registered sex offenders, convicted of arson, psychiatrically unstable, have a history of assaultive behavior (while not under the influence), are medically unstable and not able to care for themselves, or would be an eminent threat to either program staff or other residents.

Clients the Program Will Consider With Case Consultation

All Noted Above.

Other Services Available

Case-management and coordination with resources in the community including Mental Health, medical, ADATSA, DSHS, and housing as part of a continuing care plan for each resident. All residents who have outside agency support agencies are encouraged to participate with PCE case-managers while the resident is in treatment at Pioneer Center East.

Brief Description of Treatment Philosophy

Basic Livings Skills, Relapse Behavior/Prevention, Recreation, Coping skills, Grief and Loss, Self Esteem, Anger Management, Boundaries, Motivation, Anger Management, Pre-Vocational Programming/Education, HIV-HEP Education (Health District), Chemical Dependency Education, Discharge Planning Group and Co-Occurring Disorder Education (when applicable).

Nicotine Recovery Services

Residents are restricted smoking outside the building to areas in the outside fenced portion of the grounds. Assessment/Intake/Detox unit contains two areas for residents utilizing that unit to smoke at designated times. Pioneer Center East is compliant with recent smoking laws and restrictions. Health Service staff speak with residents on an individual basis regarding the risk of continued smoking and the impact it has on severe asthma and emphysema. A section of Chemical Dependency Education Class addresses this issues, as well as a portion in the Health Services Orientation with new residents. Residents are encouraged to quit and given the Tobacco Quit Line Number for assistance.

Facility Name:

Pioneer Center North

Greenbook Number:

005002

Facility Information:

Address: 24961 Thompson Drive; Sedro Woolley, WA 98284

Phone Number: (360) 856-3186

FAX Number: (360) 856-3138

E-Mail Address:

ASAM PPC Level of Care: III.3

Contact for Placement of Clients:

Name: Christy Sundholm, Admissions Coordinator

Phone Number: (360) 856-3155

FAX Number: (360) 856-3138

E-Mail Address: Christy Sundholm - christy.sundholm@p-h-s.com

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient:
0	Level I: 0
	Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
141 beds total, 115 publicly-funded	0

Funding Sources Accepted:

DBHR Contract for 115 beds, CJTA, Tribal, DOC, US Probation, Private Pay

Semi-secure, long-term residential treatment for chronic chemically dependent individuals.

Specific Strengths of Agency

PCN provides a seven bed secure Acute Detox, Cognitive Behavioral Treatment, and Motivational programming for the difficult to treat, recidivist population. We provide Campral treatment for alcohol dependence and Suboxone treatment for opiate withdrawal, long-term opiate taper, and maintenance.

Specific Admission Criteria

Adults meeting RCW 70.96A.140 and or needing placement at ASAM Level 111.3 criteria.

Specific Admission Exclusions

No one admitted under 18 years of age. No pregnant women admitted after the first trimester. Residents not medically or psychiatrically stable and needing 24 hour nursing care. PCN refrains from providing on-going treatment with addictive medications.

Clients the Program Will Consider With Case Consultation

Mentally ill residents and specialized detoxification.

Other Services Available

None noted

Brief Description of Treatment Philosophy

Provide individualized chemical dependency treatment within a safe and sober therapeutic community. Provide opportunities for resident to practice sober living skills in order to return to their community and maintain abstinence.

Nicotine Recovery Services

No smoking in the building or within 25 feet of the exits at PCN. Nicotine Education is provided in the treatment curriculum, and access to the Quit Line is allowed so that arrangements are made to receive nicotine replacement therapy (NRT).

Facility Name:

Prosperity Counseling and Treatment Services

Greenbook Number:

053400

Facility Information:

Address: 1723 Bonney Avenue, Suite A; Sumner, WA 98350

Phone Number: (253) 863-9667

FAX Number: (253) 863-0023

E-Mail Address: PCTS Information - pcts@qwest.net

ASAM PPC Level of Care:

Contact for Placement of Clients:

Name: Penny Bissenas

Phone Number: (253) 863-9667

FAX Number: (253) 863-6516

E-Mail Address: PCTS Admissions - pcts@qwest.net

Bed Capacity by Modality:

Adult Intensive Inpatient: 48.63	Youth Intensive Inpatient: Level I: 0 Level II: 0
Adult Recovery House:	Youth Recovery House:
Adult Long-Term Residential: 0	PPW: 0

Funding Sources Accepted:

Women

Specific Strengths of Agency

Women's services – Recovery life style care

Specific Admission Criteria

Not in need of detox

Specific Admission Exclusions

Sex offenders; People with violent criminal history; Arsonists

Clients the Program Will Consider With Case Consultation

Patients admitted on a case by case basis

Other Services Available

None noted

Brief Description of Treatment Philosophy

We believe that chemical dependency is a predacious illness affecting all aspects of the individual's life, including emotional, spiritual, social, and physical. In order to recover, all aspects must be addressed in a multi-disciplinary manner.

Nicotine Recovery Services

None noted

Facility Name:

Prosperity Wellness Center

Greenbook Number:

103700

Facility Information:

Address: 5001 122nd Street East, Tacoma, WA 98446

Phone Number: (253) 531-2103

FAX Number: (253) 531-2007

E-Mail Address: PCTS Wellness Information - pcts@qwest.net

ASAM PPC Level of Care:

Contact for Placement of Clients:

Name: Penny Bissenas

Phone Number: (253) 863-9667

FAX Number: (253) 863-6516

E-Mail Address: PCTS Wellness Admissions - pcts@qwest.net

Bed Capacity by Modality:

Adult Intensive Inpatient: 31.90	Youth Intensive Inpatient: Level I: 0 Level II: 0
Adult Recovery House:	Youth Recovery House:
Adult Long-Term Residential:	PPW:

Funding Sources Accepted:

ADATSA, Treatment Expansion

Prosperity Wellness Center (PWC) is a long term residential chemical dependency program specially designed for adult women; those needing recovery skills, environmental support, and personal empowerment.

Specific Strengths of Agency

Our primary focus is for chemical dependency recovery, and we address the following substances with general education, group problem solving dynamics, and weekly individual sessions: methamphetamine, cocaine, heroin, alcohol, marijuana, nicotine, and other substances that may be a dependency or abuse issue. We view nicotine as a primary drug of choice and leading cause to relapse for other substances as well as a primary health care issue; therefore, PWC is a tobacco free environment.

Specific Admission Criteria

For entry, a contact with Penny Bissenas, our admissions coordinator must be made with information of DSHS eligibility. She can be reached at our parent facility, Prosperity Counseling & Treatment Services, Inc. 253-863-9667; her fax number for review of referral information is 253-863-6516.

The following needs must be met for financial obligation and medical stabilization:

- 1. Current medical coupon through DSHS, must be TANF/CNP or Pregnancy/CNP
- 2. Referral from Treatment Provider, CSO, CPS, Personal/Self referral, Physician, Attorney, GAL, or other concerned person (assessment is recommended, but not necessary if chemical dependency issue is verbally reported)
- 3. If entering with a child, a current medical coupon and proof of immunizations, social security, and proof of custodial rights.

Specific Admission Exclusions

None noted

Clients the Program Will Consider With Case Consultation

Women with more than 1 child

Other Services Available

None noted

Brief Description of Treatment Philosophy

We additionally address parenting and child development with as much emphasis as we do the dependency issue. Parenting is a difficult job, and for women with substance dependency, possible relationship violence or aggression, mental health components from trauma histories, and other historical factors, it can be overwhelming. Our in-house therapeutic childcare center is designed to advance the children's' individual domains of growth and development. Mothers learn basic child development and relational bonding & attachment needs in the educational and process groups led by the therapeutic childcare director. Our staff is familiar with high-risk infants and utilizes information from the Kent PIC unit. University of Washington's NCAST trainings are also utilized for our parenting support.

We work closely with the Division of Children and Family Services, as we understand the goal for safe, productive reunification of these families. We also work closely with drug courts and various judicial systems to support reconciliation from the destruction caused by behaviors of chemical dependency. PWC maintains a "personal responsibility" view of the recovery process.

Nicotine Recovery Services

None

Facility Name:

Recovery Centers of King County

Greenbook Number:

083100

Facility Information:

Address: 1701 18th Avenue South, Seattle, WA 98144

Phone Number: (206)325-5000

FAX Number: (206)325-3377

E-Mail Address: Robert Calahan - rcalahan@rckc.org

ASAM PPC Level of Care: III.5 and III.7-D

Contact for Placement of Clients:

Name: Robert Calahan, Residential Services Coordinator

Phone Number: (206) 267-9511

FAX Number: (206) 267-9510

E-Mail Address: Robert Calahan - rcalahan@rckc.org

Bed Capacity by Modality:

Adult Intensive Inpatient: 27.11 Publicly-Funded	Youth Intensive Inpatient: Level I: 0 Level II: 0
Adult Recovery House:	Youth Recovery House:
Adult Long-Term Residential:	PPW:

Funding Sources Accepted:

ADATSA, Treatment Expansion, CJTA, Private Pay

Helping clients to develop skills to live without the use of alcohol and other drugs.

Specific Strengths of Agency

Skill in using evidence based treatment; experience of staff in providing services.

Specific Admission Criteria

Meets ASAM PPC admission criteria for IIP

Specific Admission Absolute Exclusions

No absolute exclusions.

Clients the Program Will Consider With Case Consultation

Will consider all clients on a case by case basis.

Other Services Available

Medical detox on-site; Housing services; continuing care in outpatient treatment; other referrals as needed.

Brief Description of Treatment Philosophy

RCKC IIP uses the NIAAA Twelve-Step Facilitation Handbook. Staff work to develop clean and sober recovery skills with patients as well as other life skills.

Nicotine Recovery Services

At RCKC, tobacco use is limited to monitored smoke breaks in designated areas. Tobacco cessation is included in treatment curriculum. There is no formal nicotine replacement program because it is not reimbursable through public funding. However, referrals are made to local providers to local providers for such services.

Facility Name:

Ryther Child Center - Inpatient Facility

Greenbook Number:

005500, 005501

Facility Information:

Address: 2400 NE 95th St; Seattle, WA 98115-2499

Phone Number: (206) 525-5050

FAX Number: (206) 525- 9795

E-Mail Address: CDadmissions@ryther.org

ASAM PPC Level of Care: III.5

Contact for Placement of Clients:

Name: Ariana Viveros

Phone Number: (206) 517-0249

FAX Number: (206) 525-9795

E-Mail Address: Ariana Viveros - arianav@ryther.org

Bed Capacity by Modality:

Adult Intensive Inpatient: 0	Youth Intensive Inpatient: 21 beds Contracted Beds: Level I: 0 Level II: 10
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	0

Funding Sources Accepted:

Private Insurance, Self-Pay, Medical Coupons, DBHR, and CDDA

Ryther Child Center offers a variable length of stay inpatient program licensed by the Washington State Division of Alcohol and Substance Abuse as a Level Two Secure Program. This designation indicates the most highly structured and secured form of adolescent chemical dependency treatment licensed in the State of Washington. One 11 bed facility more male patients only. All patients have single rooms. All patients being admitted need to have been assessed as chemically dependent by a referring agency, and assessed to meet the admission standards of ASAM Level 3.5. No patient will be admitted, or retained, if their symptoms do not require care at this level. Patients involved in the Intensive Inpatient Program are adolescents (13 - 17 years) who have failed (continued relapse, non-completion) Intensive Outpatient or who have been diagnosed as middle to late stage in their addiction. Treatment plans are individualized and length of stay is based upon completing established treatment goals. Within the treatment spectrum, Ryther identifies both the patients' and their families' strengths and weaknesses and work diligently to improve the dynamics and communications that ultimately will bring an informed, supportive family to bear upon an adolescent firmly entrenched in a recovery based, clean and sober life style.

Adolescents are referred for chemical dependency treatment by parents, doctors, schools, Juvenile Courts, teen clinics, psychiatric Hospitals, including Fairfax and Overlake Hospitals in the Seattle Metropolitan area, the Department of Social and Health Services, Division of Alcohol and Substance Abuse (DASA) and the Juvenile Rehabilitation Administration (JRA). Referrals are classified as Level II secure referrals, a designation that signifies not only the Chemical Dependency addiction diagnosis, but additional multiple diagnoses that include impulsive disorders, anger management problems, Attention Deficit Disorder/Attention Deficit Hyperactive Disorder, Learning Disabilities and Mental Health related problems that include Post Traumatic Stress Disorder, Personality Disorders including oppositional and antisocial behaviors. A high majority of these referred youngsters have histories of family dysfunction, physical, sexual abuse, and homelessness. All youth referred have profiles of high risk behaviors leading to consequences of magnitude in social, physical mental and legal realms.

Specific Strengths of Agency

Ryther Child Center is accredited through the Council on Accreditation for Children and Family Service Agencies (COA). This national accreditation holds Ryther to a higher standard of care than is allowed through minimum WAC standards. Evidence of this includes a 1:5 staffing ratio during waking hours, graduate level case managers, and excellent continuous quality improvement strategies.

Ryther Child Center offers full mental health and family counseling services to the patients served. There is one mental health therapist assigned for approximately every five patients in inpatient care. This services includes individual and group counseling, a full bio-psychosocial assessment, a mental health status exam, family counseling, intensive case management, and referral for psychiatrist and psychological services to Ryther's Medical Director and staff Psychologist. All these services are provided in addition to the full abstinence based chemical dependency treatment.

Ryther Child Center has an on-site Challenge Course (Ropes Course) and a graduate level full-time Experiential Coordinator. Through this, Experiential Learning is able to be incorporated into the recovering lives of our patients. Experiential learning is an action-oriented way to teach. It helps participants understand the way they approach problems, interact with others, communicate, and take risks. The patients are involved in three different Experiential Groups every week. These groups may include activities on the Challenge Course, weekly Adventure Treks, and experiential cottage activities.

Ryther Child Center has an on-site Eating Disorder Specialist who offers assessment, group, individual and family counseling to those clients who identify as either having an eating disorder; or are in recovery from disordered eating. This specialized service recognizes the common link between eating disorders and chemical use, especially experienced by adolescent girls.

Ryther Child Center is located in King County.

Currently the only level II secure facility in King County for adolescent girls, and only one to two such facilities for adolescent boys.

Ryther Child Center has a certified school teacher employed and is able to offer some school credits for patients in care.

Ryther has a 25 year established history of provided quality Chemical Dependency Services. The agency is fiscally sound, with good administrative oversight.

Specific Admission Criteria

Patients eligible for admission to intensive inpatient are:

- 13 17 years old (18-year-olds considered with a waiver and determination of clinical appropriateness)
 - 1. Diagnosed at middle to late stage
 - 2. Passes a current TB Test
 - 3. Ambulatory
 - 4. Medically stable (not in need of detoxification)
 - 5. Able to live in a residential setting
 - 6. Demonstrate a willingness to participate in treatment activities

In addition patients admitted must meet at least three of the following:

- 1. Inability to abstain from alcohol/drugs for even a short period of time
- 2. Unable to control use at the time of assessment (i.e. under the influence at assessment)
- 3. History of relapse
- 4. Serious social, educational or vocational dysfunction, as evidenced by family rejection, school expulsion or inability to maintain gainful employment
- 5. Weak, absent or destructive support system
- 6. History of chemical dependency in the family
- 7. Need to be removed from current environment to facilitate recovery

- 8. Experiencing high degree of emotional trauma that requires therapeutic support
- 9. Disabling withdrawal
- 10. High level of denial and rationalization

Specific Admission Exclusions

Patients with no, or minimal, Chemical Dependency issues.

Clients the Program Will Consider With Case Consultation

- 1. History of fire setting
- 2. History of sexual offense
- 3. Extensive or serious criminal history such as violence against non-family members or felony offenses
- 4. Severe and/or recent homicidal ideation or behaviors
- 5. Severe and/or recent suicidal ideation or behaviors
- 6. Evident and unmanaged psychosis preventing the effectiveness of chemical dependency treatment

Other Services Available

EARLY ENGAGEMENT:

By the very nature of the patients served at Ryther, many new admits are not exhibiting a strong desire or a readiness to change. Ryther's unique and empathetic method of engaging such patients in this stage of pre-contemplation allows them to honestly examine their addiction without feeling challenged or attacked. The adolescent mindset is often not open to direct challenge, and such method only push the patient further away from needed services. While we never fail to maintain a strong program structure and consistency, staff are equally well trained in how to use back-door approaches and to develop ambivalence in the patient. In the end, this is what leads to a willingness to change, and even better, a change that is done with internal motivation, as compared to forced external compliance.

MILIEU MANAGEMENT:

Inpatient Chemical Dependency treatment at Ryther Child Center is based on a phase system designed to focus on self-responsibility. Progress through the program is determined by the patient's accomplishment of treatment goals and general rules of conduct in a community environment. Patient's progress through the phase system is largely determined by behavioral demonstration of treatment goal completion. From the first day of placement, each Patient receives a daily behavioral treatment sheet with specific observable behaviors and treatment goals for that day. As they complete each task, staff will immediately notify them of positive progress and provide written and/or verbal feedback. As Patients are immediately externally motivated for exhibiting appropriate behaviors, generalization of learning will occur into other areas of their recovering life. Overtime, Patients will develop long term patterns of making positive choices and will be able to identify their own reinforcements. Towards this end, staff will constantly seek for positive behaviors to engage with and reinforce youth for.

Rule violations, behavioral non-compliance, and other non-healthy demonstrations will result in engagement by staff in attempt to capture the learning moment and further instruct the Patient towards new behaviors. Staff will give Patient specific feedback on the non-compliant behavior of concern, options for reasonable alternate behaviors, and results of any poor choices made. Staff will do such interventions in a way that allows for the locus of control to stay with the Patient and encourages ambivalence and internal conflict, while avoiding power struggles and confrontation. Once non-compliant behavior has been addressed, staff will again seek for positive behavior(s) to engage with and reinforce. Additionally, most rule violations will not result in removal of already earned privileges, unless safety concerns override clinical decisions.

The milieu manages behavior 24 hours a day, and strives to model social living skills and the need to live within the authority structures common to society.

GROUP SESSSIONS:

Group therapy and education is the primary treatment modality used to enact change. Each patient receives up to 20 hours per week of counseling and education. All group curriculum is based on best-practice research proven methods. Ryther is committed to using such models (with some variation for our unique population) because they have been clinically proven to improve the long term success of our patients. The current groups include:

- 1. Drug Education Group Living in Balance (2 Times a Week)
- 2. Recovery Enhancement Group The Seven Challenges (2 Times a Week)
- 3. Independent Living Skills Group
- 4. Experiential Therapy Group Use of Challenge Rope Course (2 Times a Week)
- 5. Dialectical Behavioral Therapy Skills Group (3 Times a Week)
- 6. Adventure Trek Weekly Wilderness Hike

Each group is designed to enact change through experiential hands-on learning. The dynamics of personal experiences and concepts shared within the group meeting, and the responses shared in reaction, are immensely valuable to the treatment process.

INDIVIDUAL CHEMICAL DEPENDENCY COUNSELING:

Chemical Dependency Professionals, or Trainees, meet regularly with each patient to solidify recovery concepts learned in the milieu and/or group sessions, to provide an opportunity to review treatment assignments and plans, and to allow the staff to determine if the patient is "internalizing" the principles of recovery. The emphasis of work done by a CDP, or CDPT, is to focus primarily on the disease of chemical dependency, along with directly related areas that they are qualified and competent to work within.

MENTAL HEALTH THERAPY:

CD treatment is augmented and enhanced by a Master's level counselor who provides a basic mental health status examination for all Patients in placement for a week or longer, and on-going individual therapy at a level and frequency determined to be needed. The primary goal of the Mental Health Specialist is to work with other emotional/cognitive issues that are presented by the patient that may impact, but are not directly part of the chemical dependency treatment (anger, depression, anxiety,

etc.). Additional consulting and direct assessment services are provided by our Agency Psychologist, and our Psychiatrist Medical Director.

FAMILY SUPPORT AND EDUCATION:

Master's level Case Managers work with families from admission through treatment until discharge. The primary goal of the work is to work with the family to remove or overcome any obstacles to successfully transition the patient back to a longer term placement option that would best support his or her recovery, such as; home, Recovery House, Independent Living Program, or to another viable placement option. The Case Managers also coordinate a monthly Parent Night with appropriate lectures and support groups, and a monthly Family Day which allows for intensive discussions and an opportunity to identify and modify enabling behavior and other family dynamics.

PHYSICAL EDUCATION & RECREATION:

Each patient will receive up to one hour a day, for at least five days a week, of cardiovascular activity. This primary focus of this time is to teach the patients about the benefits of physical health as related to their recovery, to encourage sportsmanship and health competition, and to provide a clean and sober recreation activity. Emphasis is placed on personal growth, physical fitness, skill development, and an increased ability to enjoy him/her self without the use of chemicals. A well-trained staff member facilitates the program.

SCHOOL:

Ryther Child Center is an official part of the Seattle School District and has an onsite certified teacher. While in treatment, patients are exposed to both classrooms and tutoring in order to continue their educational process. Ryther does not offer full school services, but covers some educational basics so patients don't fall too far behind. Depending on length of stay, patients can earn some transferable credits in elective categories such as Art, Health, Physical Education, and Language Arts. School is a mandatory part of C.D. treatment at Ryther.

SELF HELP GROUPS:

The AA/NA philosophy is strongly emphasized in our program. Patients are given the opportunity to attend up to five self help meetings per week and are provided with the necessary transportation and time to accommodate this. Patient participation in self-help groups is highly encouraged during and after treatment as a vital step towards a total recovery program. Sponsorship in these programs will be explained and Patients will be assisted in obtaining a sponsor early treatment.

SPIRITUAL AND FAITH EXPLORATION:

For those patients who desire such services, Ryther Child Center has employed a Spirituality Coordinator who can help patients explore issues of faith and spirituality as it relates to their recovery. Patients are also offered voluntary spiritual experiences (faith groups, religious sessions, religious material, spiritual mentors, etc.) consistent with their belief system and expressed desire. Patients are also given the opportunity to go on pass to the faith meeting of choice.

DISCHARGE AND AFTERCARE:

Individualized discharge plans are established during treatment as goals set in the original treatment plan are completed and accumulate. The establishment of an

ongoing support system is crucial to successful recovery. A relapse prevention plan is created with each patient as they progress through treatment. Having a sponsor and a connection to a 'Home Group' 12 step program are important supports which augment the family and the outpatient aftercare group. The outpatient aftercare group is part of Ryther's continuum of care for those who can geographically access it. For those who can't, the inpatient primary counselor works to secure such a group in the home locale of the patient. This often is the referring program since most patients originally came to intensive inpatient after having failed an intensive outpatient program.

Brief Description of Treatment Philosophy

MISSION:

The Ryther Child Center Chemical Dependence Residential Treatment Program exists to help adolescents between the ages of 13 and 17 who have engaged in abusing drugs and alcohol and who are chemically addicted begin their journey to recovery and health.

PHILOSOPHY:

Our Patients are our first concern. Many of our Patients come from unstable and chaotic environments where they have experienced one or more of the following issues in their homes; parental/adult substance abuse and addiction; domestic violence, adult neglect; physical, psychological, and/or sexual abuse. Frequently our Patients have experienced many transitions in living arrangements and "responsible" care givers and have faced periodic if not regular uncertainty and ambiguity in their lives. Our Patients typically present multiple unmet needs ranging from medical and somatic matters to educational and spiritual deficits.

As capable and compassionate professionals we believe that our Patients have the following needs:

- 1. A safe, clean, secure, and sober environment.
- 2. A significant period of abstinence illicit, addictive and harmful drugs and substances.
- 3. Role models that offer empathic guidance, mentoring, direction and support.
- 4. Assistance in learning appropriate problem solving skills, coping skills, social skills and the creation, observation and preserving of appropriate boundaries.
- 5. Exposure and positive interaction with adults who are trustworthy, competent and who can provide genuine concern, solace and discipline.
- 6. Exposure to and involvement in a community that is self-responsible and culturally diverse and sensitive.

It is or should be understood by all Patients that acceptance by and admission to Ryther Child Center's Chemical Dependence Residential Treatment Program requires that they are willing to engage actively in treatment; that they take responsibility for their behaviors; that they learn, accept and comply with the rules of the program. Our Patients should also know that we believe that long-term successful recovery from addictions requires adoption and acceptance of the underlying philosophy and principles of the 12 Steps.

Recovery from addiction and the resolution of emotional problems is often a difficult and painful process or journey. Adolescence, by itself, is a transition or process that requires the patience and understanding of responsible adults. Accordingly, we acknowledge that not all Patients will not always follow the same path in the same time frames while making their journey.

The Ryther Chemical Dependence Residential Treatment Program is provided by a team of dedicated, committed and diverse group of professionals, certified, licensed and trained clinicians, counselors, and staff.

We believe;

- 1. Our program has a primary duty to address the addictions and chemical dependence of our Patients.
- 2. Addiction is a disease.
- 3. The mental health and emotional disturbances of our Patients must be addressed because they obstruct or interfere with recovery.
- 4. Abstinence is a primary treatment requirement and the over-riding goal of treatment.
- 5. Persons pursuing recovery will often experience challenges and setbacks that can also offer opportunities to learn and build for a stronger recovery.
- 6. That persons involved in helping our Patients must engage in a number of positive behaviors with and in the presence of our Patients;
 - Coaching, teaching and encouragement
 - Guiding, directing, good advice and sound judgment.
 - Comfort and solace, while setting appropriate limits and structure.
 - Model appropriate behaviors, relationships, interactions and communications.
 - Establish healthy rituals that support recovery and good health.
 - Observe and adhere to the rules and practices that provide for the safety and security for all Patients.

We believe that in order to implement these concepts we, the staff, must also extend to one another and other staff at Ryther;

- Respect and courtesy
- Active cooperation and assistance
- Acceptance of all aspects of our diversity
- Help in continuous learning about the field and our assignments
- Value the contributions of others
- Promote and accept accountability for our conduct and performance.

Nicotine Recovery Services

Ryther is a tobacco-free environment. We address nicotine addiction with patients in our treatment program and provide information and support regarding the cessation of nicotine use. Our agency offers services that address nicotine use and addiction by staff. Namely, our health insurance provider has a specific program for the treatment of this issue. Additionally, we offer other resources for support, such as the 'Quit-line' and peer support.

Facility Name:

SeaMar Community Health Centers - Des Moines

Greenbook Number:

083600

Facility Information:

Address: 24215 Pacific Highway South; Des Moines, WA 98198

Phone Number: (206) 878-7393

FAX Number: (206) 870-7397

E-Mail Address: Magda - magdahererradeleon@seamarchc.org

ASAM PPC Level of Care: III.5, III.3

Contact for Placement of Clients:

Name: Vicci Buschmann, Bed Placement Coordinator

Phone Number: (206) 878-7393

FAX Number: (206) 870-7397

E-Mail Address: Victoria Buschmann - victoriabuschmann@seamarchc.org

Bed Capacity by Modality:

Adult Intensive Inpatient: 12.78	Youth Intensive Inpatient: Level I: 0 Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
20.89	0

Funding Sources Accepted:

	•	
ADATSA, Treatment Exp	noncion	
т апатоа. Пеаннен схі	Dausion	
Tibition, freatment Em	pansion	

Adult residential treatment services for up to 180 days.

Specific Strengths of Agency

We are comprehensive health care organization; we specialized in providing services to low income and people of color. The focus of this program is in helping clients to increase the vocational rehab skills to return to the work force and to establish a permanent housing while they are able to stay clean and sober.

Specific Admission Criteria

A comprehensive ADATSA evaluation of the patient, from either the referring agency or a free standing evaluation agency. A maximum of 4 day supply of medication with new prescriptions to be filled by our pharmacy. TB test results and medical coupon.

Specific Admission Exclusions

No convicted sex offenders due to co-ed facility.

Clients the Program Will Consider With Case Consultation

All referrals will be screened prior to admission. Any medical and or medication concerns will be consulted with our medical clinic to ensure this is the appropriate setting for the patient. Patients with psychiatric history or taking certain medications will be considered in a case by case basis.

Other Services Available

Nutrition screenings. Case management: specifically housing placement and vocational-employment needs.

Brief Description of Treatment Philosophy

SeaMar Des Moines Recovery Center philosophy is consistent with the belief that chemical dependencies, including alcoholism, are disease, and services are provided consistent with RCW 70.96A.011. The philosophy and objectives of chemical dependency treatment is total abstinence, IAW WAC 388-805(4).

Nicotine Recovery Services

We have had smoking cessation series of classes with our in-house health educator. Each series consist of 6 two hour classes to occur once a week, so the client is engaged on this activity for 6 weeks. During the classes the clients are offered individual sessions and free nicotine patches or gum. Internal resources include: Health Educator and Social Worker, which have access to free nicotine patches and gum, and can also provide individual sessions or refer them to appropriate services.

Facility Name:

Sea Mar Residential Treatment Center - Tacoma

Greenbook Number:

052102

Facility Information:

Address: 1415 Center Street; Tacoma, WA 98409

Phone Number: (253) 627-2250

FAX Number: (253) 627-2173

E-Mail Address: Rosie Martinez - rosiemartinez@seamarchc.org

ASAM PPC Level of Care: III.5

Contact for Placement of Clients:

Name: Rosie Martinez

Phone Number: (253) 627-2250

FAX Number: (253) 627-2173

E-Mail Address: Rosie Martinez - rosiemartinez@seamarchc.org

Bed Capacity by Modality:

Adult Intensive Inpatient: 30.20	Youth Intensive Inpatient: Contracted Beds:
	Level I: 0
	Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	0

Funding Sources Accepted:

ADATSA, Treatment Expansion, Youth, DBHR Monolingual

Spanish Speaking

Specific Strengths of Agency

30 day structured setting. Treatment is conducted in Spanish and English based on ASAM criteria.

Specific Admission Criteria

A comprehensive evaluation on the patient, from either the referring agency or a free standing evaluation agency. A full 30 day supply of medication. A current psychiatric evaluation for patients with co-occurring issues.

Specific Admission Exclusions

Exclusionary drugs: Methadone and Benzodiazapines. No admission while on narcotics. Convicted sex offenders due to co-ed facility.

Clients the Program Will Consider With Case Consultation

All referrals will be screened prior to admission. Any medical and or medication concerns will be consulted with our medical clinic to ensure this is the appropriate setting for the patient.

Other Services Available

Bi-weekly V.O.T.E. presentations, Nutrition screenings. COD Groups

Brief Description of Treatment Philosophy

Sea Mar Substance Abuse Treatment makes no pretense that every individual with an alcohol and/or other drug problem is an alcoholic or drug addict. We provide services to individuals with alcohol and/or other drug problems whether or not such individuals may be diagnosed as alcoholic and/or drug addicted.

Nicotine Recovery Services

None reported

Facility Name:

SeaMar Renacer

Greenbook Number:

121300

Facility Information:

Address: 10001 17th Place South; Seattle, WA 98168

Phone Number: (206) 766-6965 or (206) 766-6973

FAX Number: (206) 766-6979

E-Mail Address: George Calderon - georgecalderon@seamarchc.org

ASAM PPC Level of Care: III.5

Contact for Placement of Clients:

Name: Rocio Banuelos

Phone Number: (206) 766-6960

FAX Number: (206) 766-6979

E-Mail Address: Rocio Banuelos - rociobanuelos@seamarchc.org

Bed Capacity by Modality:

Adult Intensive Inpatient: 0	Youth Intensive Inpatient: Level I: 0 Level II: 14
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	0

Funding Sources Accepted:

Third party insurance, private pay, Federal and State funding.

Co-occurring adolescent males ages 13 to 17, Level 2 Secure Facility, culturally inclusive with emphasis on ethnic minorities and low income populations.

Specific Strengths of Agency

Sea Mar Renacer is inclusive and reflects cultural sensitivity toward people of color, the disabled and low income populations. We provide culturally relevant treatment via our mostly bilingual and bicultural staff. We emphasize the importance of the family's role in our youths' addictions and provide education and counseling with this focus. Renacer is passionate toward providing integrated treatment with an emphasis on the utilization of the most efficacious therapeutic techniques such as Motivational Interviewing and Dialectical Behavioral Therapy. Our ongoing collaborative relationship with the University of Washington has provided valuable consultation and training. Renacer works closely with our outpatient mental health clinic (in same building) toward holistically addressing substance abuse and mental health issues.

Specific Admission Criteria

A comprehensive chemical dependency assessment/evaluation completed no more then 6 months prior to referral to this program. Recent TB test completed.

Specific Admission Exclusions

Level II sex offenders and clients diagnosed with severe mental illness.

Clients the Program Will Consider With Case Consultation

We will consider all co-occurring and non-co-occurring referrals that don't meet exclusionary criteria.

Other Services Available

Renacer provides comprehensive mental health screenings, evaluations and counseling. We emphasize evidence based practices and provide ongoing training to staff and clients. Our on-site school is a charter classroom within the Seattle School District and allows our youth to gain school credit. Sea Mar is a multi service organization which allows our youth tremendous access to medical, dental and the aforementioned mental health services.

Brief Description of Treatment Philosophy

We strive to achieve permanent changes by treating not only the adolescent's chemical dependency, but also addressing other life issues with a holistic approach. The holistic approach takes into account his/her behavior, emotions, attitudes, culture, family, physical/mental health, dental needs and their overall lifestyle.

All patients receive provide a smoking	ve education on nice g cessation class for	otine addiction.	In Fall 2006, Re h.	enacer will als
		<u>, </u>		

Facility Name:

SeaMar - Visions

Greenbook Number:

095800

Facility Information:

Address: 1603 E. Illinois Street; Bellingham, WA 98226

Phone Number: 360.647.4266

FAX Number: 360.647.6057

E-Mail Address: <u>Jeanette Palmer - Jeanettepalmer@seamarchc.org</u>

ASAM PPC Level of Care: III.5

Contact for Placement of Clients:

Name: Carol Hutcheson, clinical supervisor

Phone Number: 360.647.4266

FAX Number: 360.647.6057

E-Mail Address: Carol Hutcheson - Carolhutcheson@seamarchc.org

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient: 26 beds
0	Contracted Beds:
	Level I: 0
	Level II: 17
Adult Recovery House:	Youth Recovery House:
0	6
Adult Long-Term Residential:	PPW:
0	0

Funding Sources Accepted:

Commercial Insurance, Private Pay, Federal and State Funding

Co-occurring adolescent females ages 13 to 17, Level 2 Secure facility.

Specific Strengths of Agency

JCAHO accredited, MRT Therapy, DBT Skills taught, Art Therapy, Music Lessons, Animals is Natural Therapy, and Bellingham School District course work taught with high school credits earned. A special strength is that staff is passionate motivated and knowledge. Visions is a long term program 4-6 months.

Specific Admission Criteria

Youth appropriate for Level II are those with symptoms of mental health problems requiring concurrent management with addiction treatment. Youth with serious criminal history, sexual abuse history, psychological, or other medical problems, including pregnancy, will be considered for admission.

Specific Admission Exclusions

Males, 18 year old females or under 13 year old females

Clients the Program Will Consider With Case Consultation

Each client will be considered on a case-by-case basis.

Other Services Available

Mental Health Professional on staff, Family therapist that provides workshops for families and 1x1 sessions, complete medical, dental, and vision services provided. Self help groups focusing on AA meetings and community sponsors.

Brief Description of Treatment Philosophy

Sea Mar/Visions believe addiction is a disease that is chronic progressive and fatal. We apply the 12 step model as the base of our treatment modality pyramid. We believe youth need to be respected and their work geared toward their age group. We try to individualize each youth's treatment program and address their issues. We are committed to providing comprehensive health and human services to our clients.

Nicotine Recovery Services

SeaMar/Visions is a tobacco free environment. Nicotine is treated as an addiction along with drugs and or alcohol. The use of DBT Skills is taught and prompted for use. No one is allowed to use tobacco products on Sea Mar/Visions property or on outings.

Facility Name:

Seattle Drug and Narcotic Center (SeaDruNar)

Greenbook Number:

017200

Facility Information:

Address: 10344 - 14th Avenue S; Seattle, WA 98108 (Mailing Address PO Box

80864; Seattle, WA 98108)

Phone Number: (206) 767-0244

FAX Number: (206) 767-5964

E-Mail Address: SeaDruNar Info - Angela Grout, angela@seadrunar.org

ASAM PPC Level of Care: Long-Term - III.5. Recovery House - III.1

Contact for Placement of Clients:

Name: Aly Brown

Phone Number: (206) 767-0244

FAX Number: (206) 767-5964

E-Mail Address: SeaDruNar Admissions - Aly Brown, aly@seadrunar.org

Bed Capacity by Modality:

Adult Intensive Inpatient: 0	Youth Intensive Inpatient: Level I: 0 Level II: 0
Adult Recovery House: 8.0	Youth Recovery House:
Adult Long-Term Residential:	PPW:
44.38	0

Funding Sources Accepted:

ADATSA, Treatment Expansion	
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Behavior modification

Specific Strengths of Agency

Provide employment training component on volunteer basis. Accommodations for patients' children from birth to age 12.

Specific Admission Criteria

Persons age 18 and above with alcohol/drug or alcohol/drug related problems.

Specific Admission Exclusions

Sex offenders

Clients the Program Will Consider With Case Consultation

Persons with history of mental illness would be required to provide copy of recent psychiatric evaluation and persons with extensive medical problems will be required to provide a physical.

Other Services Available

Job training program. Transitional housing following completion of long term care to include work and/or educational counseling on as needed basis.

Brief Description of Treatment Philosophy

Seadrunar believes that in order for a person to recover from addiction they must resolve past emotional issues and develop self-discipline, maturity and positive decision making and coping skills. Seadrunar teaches the patient how to change their negative lifestyle into a positive lifestyle which includes self esteem, self worth, good values, and genuine care for self and others.

Nicotine Recovery Services

Smoking permitted outside in designated area during designated breaks. SeaDruNar implements the Free and Clear program to assist nicotine-using patients in recovering from nicotine abuse or addiction.

Facility Name:

Skagit Recovery Center - John King Recovery House

Greenbook Number:

010500

Facility Information:

Address: 1905 Continental Place; Mount Vernon, WA 98273

Phone Number: (360) 428-6011 or (360) 428-7835

FAX Number: (360) 428-0929

E-Mail Address: Alan Erickson - alan@skagitrc.com

ASAM PPC Level of Care: Recovery House - III.1, Detox - III.2D

Contact for Placement of Clients:

Name: Trina Parkhurst

Phone Number: (360) 428-7669

FAX Number: (360) 428-0929

E-Mail Address: Trina Parkhurst – trina@skagitrc.com

Bed Capacity by Modality:

Adult Intensive Inpatient: 0	Youth Intensive Inpatient: Level II: 0 Level II: 0
Adult Recovery House:	Youth Recovery House:
0	23 Youth Beds (17 public, 4 private
	funds)
Adult Long-Term Residential:	PPW:
0	0

Funding Sources Accepted:

Youth, Private Funds

Provide recovery house services and stabilization treatment to youth who need these services after completing residential or intensive inpatient treatment.

Specific Strengths of Agency

This unit is youth specific and only admits youth; there fore the program is youth specific. The size of the unit is small.

Specific Admission Criteria

Referral from an inpatient treatment program following completion of a structured treatment program.

Specific Admission Exclusions

We will admit level two youth, provided their mental health issues are treatable with medications or will not interfere with the patient's ability to participate in treatment successfully.

Clients the Program Will Consider With Case Consultation

All patients will be considered for admission after consultation via phone from any referring source.

Other Services Available

Treatment approach is designed to motivate patient and to act as a supportive environment following inpatient treatment.

Brief Description of Treatment Philosophy

Recovery requires: total abstinence from all mind altering drugs; replacing self-defeating behaviors with healthy ones; learning healthy personal and social skills; and development of self respect and personal well-being.

Nicotine Recovery Services

Information not provided - contact agency for services offered.

Facility Name:

SPARC – Spokane Addiction Recovery Center

Greenbook Number:

012100, 012102

Facility Information:

Address: IIP Program - 812 S. Walnut, Spokane, WA 99204

Adult RH - 812 S. Walnut, Spokane, WA 99204

Phone Number: (509) 624-3251

FAX Number: (509) 624-4505

E-Mail Address: Mark Brownlow - sparcop@omnicast.net

ASAM PPC Level of Care: III.5, III.3

Contact for Placement of Clients:

Name: Gary Zehetmir

Phone Number: (509) 624-3251

FAX Number: (509) 624-4505

E-Mail Address:

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient:
23.22 (includes Co-Occurring Disorders	Level I: 0
beds)	Level II: 0
Adult Recovery House:	Youth Recovery House:
10.42	0
Adult Long-Term Residential:	PPW:
0	0

Funding Sources Accepted:

15 1 mg 1 mg 1
ADATSA, Treatment Expansion
ADATSA. HEAUIICHI EXDAHSIOH

No specific focus. Some specialized services for Native Americans.

Specific Strengths of Agency

Providing services for over 30 years. Well trained diverse staff.

Specific Admission Criteria

Chemically dependent adults

Specific Admission Exclusions

None noted

Clients the Program Will Consider With Case Consultation

Case consultation on sex offenders; Persons with violent criminal history; Arsonists; Benzodiazepines users; and persons with chronic pain medication needs.

Other Services Available

Men's and women's transitional housing; all phases of outpatient treatment services; some medical and co-occurring disorder services.

Brief Description of Treatment Philosophy

The SPARC treatment philosophy is based on the belief that chemical dependency is a biopsychosocial disease and that treatment planning needs to be done on an individualized basis in order to meet the specific needs of the client.

Nicotine Recovery Services

Tobacco use is limited to designated areas 25 feet away from the building. No other services offered.

Facility Name:

St. Peter Chemical Dependency Center

Greenbook Number:

015300

Facility Information:

Address: 4800 College Street SE; Lacey, WA 98503

Phone Number: (360) 493-5001

FAX Number: (360) 493-5058

E-Mail Address: Hollie Christiancy - Hollie.Christiancy@providence.org

ASAM PPC Level of Care: III.7 (II.5, II.1, and 0.5 outpatient services are

also offered on-site)

Contact for Placement of Clients:

Name: Admission's Department

Phone Number: (360) 493-7575

FAX Number: (360) 493-5085

E-Mail Address:

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient: 22 beds
26 Total, 5.19 publicly-funded (3.67 beds	Contracted Beds:
specifically for aging, blind and disabled	Level I: 0
patients)	Level II: 8
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	0

Funding Sources Accepted:

ADATSA, Treatment Expansion, Most Insurances, Medicare, CJTA

We accept patients with multiple needs and focus on individual needs of patients

Specific Strengths of Agency

Full continuum of care.

Specific Admission Criteria

Call the admission's department. This is a non smoking/chewing facility, which means no smking/chewing allowed inside or outside of the facility.

Specific Admission Exclusions

Methadone detox on a case by case basis

Clients the Program Will Consider With Case Consultation

Methadone detox

Other Services Available

Adolescent services. All inpatient services. Intensive outpatient. Aftercare. Relapse prevention. Monitor and Abuse groups. Off-site branch facilities in Grays harbor, Shelton, Belfair.

Brief Description of Treatment Philosophy

Chemical dependency is viewed as progressive, treatable disease with goal of total abstinence from mood-altering chemicals, using a holistic approach to recovery.

Nicotine Recovery Services

Providence St Peter Chemical Dependency is nicotine free and has been nicotine free for 10 years. We consider nicotine a drug just like cocaine, heroin, alcohol, etc. Our goal for our patients is that when they leave treatment, they will have the life skills and tools they will need for long term holistic recovery nicotine included. We give our patients nicotine patches and nicotine gum. We strongly encourage our staff to think about giving up smoking and provide them with referrals for support. Our staff must get in their car and leave the property to smoke. About 25% or less of our staff currently smoke and this includes all of our staff not just counselors.

Facility Name:

Sun Ray Court - New Horizon Care Center

Greenbook Number:

083800

Facility Information:

Address: 518 S. Browne Street; Spokane, WA 99202

Phone Number: (509) 456-5465

FAX Number: (509) 456-5710

E-Mail Address: Information - tlanecook@hotmail.com

ASAM PPC Level of Care: III.3

Contact for Placement of Clients:

Name: Carol Robinette or Stacy Gilmore

Phone Number: (509) 456-5465

FAX Number: (509) 456-5710

E-Mail Address: Carol Robinette - c_sue_r@hotmail.com

Bed Capacity by Modality:

Adult Intensive Inpatient: 19.91 Publicly-Funded	Youth Intensive Inpatient: Level I: 0 Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
18.48 Publicly-Funded	0

Funding Sources Accepted:

ADATSA, Treatment Expansion

Adult Males

Specific Strengths of Agency

Treatment community model which addresses addiction and lifestyle issues through a guided collaborative model, utilizing motivational enhancement techniques and behavior modification. Invested and educated staff who are diverse.

Specific Admission Criteria

Long term residential treatment eligibility with ASAM level 3.5 or below. Adult males.

Specific Admission Exclusions

Sex offenders. Persons with violent criminal history if the violence history is unrelated to drug/alcohol dependence.

Clients the Program Will Consider With Case Consultation

Patients on methadone, with personality disorder and mental illnesses depending on the severity and capacity to participate in the treatment model.

Other Services Available

Ability to work with those patients who have exhausted their ADATSA time through supportive services provided by shelter plus care program, e.g. a patient who completes a residential program with no outpatient funding available.

Brief Description of Treatment Philosophy

Behavior modification through identifying positive, negative, and ineffective behavioral patterns and building on positives and developing interventions and new positive behaviors for negative or ineffective behavioral patterns. Identification of high percentage recovery options through housing. 12-Step meetings. 12-Step philosophy.

Nicotine Recovery Services

Information not provided - contact agency for services offered.

Facility Name:

Sundown M Ranch

Greenbook Number:

014000

Facility Information:

Address: 2280 State Route 821; Selah., WA 98901 (Mailing Address: Po Box

217; Selah, WA 98942

Phone Number: (509) 457-0990

FAX Number: (509) 457-5313

E-Mail Address: Sundown M Ranch Information; info@sundown.org

ASAM PPC Level of Care: Adult - III.5 Youth - III.5 and III.1

Contact for Placement of Clients:

Name: Jodi Hanks

Phone Number: (509) 457-0990

FAX Number: (509) 457-5313

E-Mail Address: Sundown M Ranch Admissions - admissions@sundown.org

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient: 60 beds
100 beds total, 8.93 Adult Publicly-	Contracted Beds:
Funded	Level I: 14
	Level II: 0
Adult Recovery House:	Youth Recovery House:
0	2 Publicly-Funded
Adult Long-Term Residential:	PPW:
0	7 Women and No Children

Funding Sources Accepted:

ADATSA, Treatment Expansion, PPW, Youth, Private Pay

Sundown M Ranch accepts adult and youth who are diagnosed with alcoholism/chemically dependency according to DSM IV criteria that can be reasonably accommodated in an ASAM level 3.5-treatment setting.

Specific Strengths of Agency

Sundown M Ranch has the ability to provide Individualized alcoholism / chemical dependency treatment for adults and youth in a comfortable environment with a credentialed and caring staff based on thirty-nine years of experience.

Specific Admission Criteria

Persons who are diagnosed with alcoholism / chemically dependency using the DSM IV and who meet the medical requirements of ASAM 3.5 treatment. The person must also be able to follow a structured program in a caring environment designed to promote personal change.

Specific Admission Exclusions

All prospective patients are reviewed by a well-trained professional staff keeping in mind the best interest, safety, and appropriateness of the person applying for ASAM Level 3.5 treatment.

Clients the Program Will Consider With Case Consultation

Any person applying for treatment will be considered and evaluated for appropriateness for admission to Sundown M Ranches ASAM 3.5 level of care.

Other Services Available

Intensive inpatient treatment for adults and youth – Outpatient treatment - Youth Recovery House-Relapse specific group - Gender specific elders groups – Pregnant Post Partum group – Voluntary Nicotine Cessation group – Three day Family Program – Assessments for youth and adult – Full time facility Chaplin

Brief Description of Treatment Philosophy

Sundown M Ranch approaches alcoholism / chemical dependency as a treatable disease that is primary, progressive, chronic, and prematurely fatal if not intervened on in an appropriate level of care. Sundown M Ranch believes this must be done in a caring environment that promotes acceptance of personal change and well-being for the patient.

Nicotine Recovery Services Sundown M Ranches Youth facility is a nicotine free environment. The adult facility offers a voluntary nicotine cessation program to assist patients in recovery from nicotine use. Designated areas are available for patients who continue to use nicotine products.

Facility Name:

The Center for Alcohol and Drug Treatment

Greenbook Number:

000600

Facility Information:

Address: 327 Okanogan Avenue; Wenatchee, WA 98801

Phone Number: (509) 662-9673

FAX Number: (509) 662-9441

E-Mail Address: The Center Information - www.centercrconet.com

ASAM PPC Level of Care: III.5

Contact for Placement of Clients:

Name: Michelle Scheffelmaier or Kathy Detoma

Phone Number: (509) 662-9673

FAX Number: (509) 662-9441

E-Mail Address: Admissions - centeric@nwi.net

Bed Capacity by Modality:

Adult Intensive Inpatient: 30 (19.65 publicly-funded)	Youth Intensive Inpatient: Level I: 0 Level II: 0	
Adult Recovery House:	Youth Recovery House:	
Adult Long-Term Residential:	PPW: 0	

Funding Sources Accepted:

ADATSA, Treatment Expansion, CJTA, Insurance and Private Pay

Patients learn to self-evaluate in order to make change

Specific Strengths of Agency

Our philosophy base is choice theory. We use this cognitive behavioral model to help clients change their behavior. The Center does not automatically discharge clients for inappropriate behavior. We work to help them evaluate and change their behaviors.

Specific Admission Criteria

Meeting ASAM criteria for this level of care.

Specific Admission Exclusions

Users of Ritalin, Benzodiazapines, and narcotic pain medication will be evaluated on a case-by-case basis.

Clients the Program Will Consider With Case Consultation

Mental health issues and medications associated with their mental health disease.

Other Services Available

8 Detox beds and outpatient. The Center makes referrals to Oxford housing, PIC, DVR, consumer counseling services and other agencies in the area.

Brief Description of Treatment Philosophy

The agency's Intensive Inpatient Program is based on William Glasser's theoretical constructs, Choice Theory and Reality Therapy. We believe that addiction is a disease process, but in order to place the disease into remission, the addictive behavior must be changed. Since the etiology of addiction varies, behavior is the best common denominator. We teach that all behavior is need fulfilling, and stems from the basic needs of love and belonging, power, freedom, fun and survival. The counselors work with their patients to evaluate current behaviors and develop new behaviors to get their needs met. There is also a emphasis on developing an internal locus of control rather than external. Patients attend chemical dependency self-help support groups while in treatment based on choice theory. Other self-help groups, including AA, NA and CT are introduced.

Nicotine Recovery Services

We provide smoking areas for patients and staff that are within the state guidelines for the State of Washington Smoking Regulations Ban. We do not have specific groups designated for smoking cessation at this time, however we do have information and resources available for patients that want to quit smoking. We also have designated non-smoking areas. We do have non-smoking staff that would be available for support to employees that would like to quit smoking, Tobacco Quit Line information, and we participate in the Great American Smoke Out yearly. We have information cards for the Tobacco Quit Line that we hand out to the patients that if eligible will supply nicotine patches and weekly contacts for support.

Facility Name:

Thunderbird Treatment Center

Greenbook Number:

005701

Facility Information:

Address: 9236 Renton Avenue S.; Seattle, WA 98118

Phone Number: (206) 722-7152

FAX Number: (206) 722-0830

E-Mail Address: Al Sweeten - als@sihb.org

ASAM PPC Level of Care: III.5, III.3, III.1

Contact for Placement of Clients:

Name: Jeff Driscoll

Phone Number: (206) 834-4045 Ext 3250

FAX Number: (206) 722-0830

E-Mail Address:

Bed Capacity by Modality:

Adult Intensive Inpatient: 51.78	Youth Intensive Inpatient: Level I: 0
	Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
20.08	0

Funding Sources Accepted:

ADATSA, Treatment Expansion	
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Native American

Specific Strengths of Agency

Diverse client population and staff. Location of center allows for some patients to start work before discharge. Exposure of people to other cultures and beliefs improves their ability to interact in community.

Specific Admission Criteria

All requested documents must be delivered before a referral date will be made.

Specific Admission Exclusions

Will not admit sex offender in youth facility site.

Clients the Program Will Consider With Case Consultation

Will consult on following situations: Persons with violent criminal history; Arsonists; Ritalin users; Benzodiazapine users; Narcotic pain medication users.

Other Services Available

Youth inpatient, Adult and youth outpatient.

Brief Description of Treatment Philosophy

Holistic. Integration of cultures. We believe that ignorance is best treated with information to eliminate prejudice and bias. Makes people better equipped to deal with society and functioning within it.

Nicotine Recovery Services

Information not provided - contact agency for services offered.

Facility Name:

Triumph Treatment Services - Casita del Rio Unit One PPW and Unit Two Women's Intensive Inpatient

Greenbook Number:

114900, 115000

Facility Information:

Address: 1213 Morain Loop; Kennewick, WA 99336

Phone Number: (509) 734-7490

FAX Number: (509) 734-7489

E-Mail Address: Casita del Rio Information - casita@triumphtx.org

ASAM PPC Level of Care: PPW Unit - III.3 Intensive Inpatient Unit - III.5

Contact for Placement of Clients:

Name: Rose Rivera, Intake Coordinator and Tamra Ochoa, CDP, Clinical Lead

Phone Number: (509) 734-7490

FAX Number: (509) 734-7489

E-Mail Address: Casita del Rio Admissions - casita@triumphtx.org

Bed Capacity by Modality:

Adult Intensive Inpatient:	Youth Intensive Inpatient:
24 Women, 18.3 publicly-funded	Level I: 0
	Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	15 Women, 15 Children publicly-funded

Funding Sources Accepted:

ADATSA, Treatment Expansion, PPW, Private pay and most DSHS

PPW Pregnant and parenting women and their children under age 6 Intensive Inpatient Adult Women

Specific Strengths of Agency

Specialize in pregnant and parenting women with a child under the age of 6. We are a women's program only. Also, working with women who are CPS, Court involved. Methadone patients accepted if currently enrolled in a methadone program and arrive with at least a 30 day supply of methadone.

Specific Admission Criteria

PPW Unit 1 Must be pregnant or parenting a child under 6 years old. Intensive Inpatient Unit 2 Must be women who have a current assessment. Must have current open medical coupon, TANF, Expansion, ADATSA, SSI, funding accepted.

Specific Admission Exclusions

Sex offender or convicted of crime against children, schizophrenic diagnosis.

Clients the Program Will Consider With Case Consultation

Persons with significant health/ medication issues and Persons with mental health meds/diagnosis will be considered on a case by case basis.

Other Services Available

Transitional housing; Housing referrals; Parenting; Domestic violence group; Smoking cessation, Family counseling, MRT, anger management, parenting therapy.

Brief Description of Treatment Philosophy

Disease concept model, 12 step oriented

Nicotine Recovery Services

Casita del Rio is a tobacco-free environment. We offer education about nicotine and smoking cessation classes once per week. We get standing orders from doctors for nicotine replacement therapy (NRT) and the Tobacco Quit Line number is disseminated to patients and utilized for NRT.

Facility Name:

Triumph Treatment Services – James Oldham Treatment Center (JOTC)

Greenbook Number:

013901

Facility Information:

Address: 201 Highland Drive; Buena, WA 98921

Phone Number: (509) 865-6705

FAX Number: (509) 865-5011

E-Mail Address: <u>JOTC Information - jotc@triumphtx.org</u>

ASAM PPC Level of Care: III.5

Contact for Placement of Clients:

Name: Mike Gostovich

Phone Number: (509) 865-6705

FAX Number: (509) 865-5011

E-Mail Address: <u>JOTC Admissions - jotc@triumphtx.org</u>

Bed Capacity by Modality:

Adult Intensive Inpatient: 72 beds DOH capacity, 54.43 publicly- funded	Youth Intensive Inpatient: Level I: 0 Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	0

Funding Sources Accepted:

ADATSA, Treatment Expansion, Private Pay/Insurance

Males

Specific Strengths of Agency

Able to take variety of patients. Sensitive to Native American and Hispanic individuals. Facility is handicap accessible

Specific Admission Criteria

Adult – 18 years or older. Male only.

Specific Admission Exclusions

None noted

Clients the Program Will Consider With Case Consultation

Sex offenders, arsonists, people with a violent history, and those on methadone will be considered on an individual basis.

Other Services Available

Triumph Treatment Services has comprehensive outpatient/aftercare and housing.

Brief Description of Treatment Philosophy

Consistent with chemical dependency is a disease, including alcohol. We provide treatment and family support to those affected by the disease. Our goal is to be responsive to the community of Yakima and the state of Washington so that people in need of service do not fall between the cracks.

We believe the disease is treatable and we offer a continuum of care including inpatient, outpatient, relapse prevention and support, education, therapy, and referral to family members of our patients. We consider the whole person and his/her needs. We provide intensive case management to assist the individual in addressing areas of their life that will assist in the achievement of a happy, healthy and productive life. We assist persons who have relapsed to return to recovery.

Nicotine Recovery Services

At JOTC, Patient smoking is done in a designated area on their time. Staff smoking is done in another designated area. A nicotine lecture is provided on a four week schedule, and the Tobacco Quit Line is available to patients wishing to discontinue nicotine use and obtain nicotine replacement therapy (NRT). Our management is supportive of any individual who makes and effort to quit tobacco use.

Facility Name:

Triumph Treatment Services - Riel House

Greenbook Number:

013902

Facility Information:

Address: 613 Superior Lane; Yakima, WA 98902

Phone Number: (509) 575-4810

FAX Number: (509) 576-3060

E-Mail Address: Kathy Davidson - kdavidson@triumphtx.org

ASAM PPC Level of Care: III.5 and III.3

Contact for Placement of Clients:

Name: Kathy Davidson, Intake Coordinator

Phone Number: (509)575-4810

FAX Number: (509) 576-3060

E-Mail Address: Kathy Davidson - kdavidson@triumphtx.org

Bed Capacity by Modality:

Adult Intensive Inpatient: 0	Youth Intensive Inpatient: Level I: 0 Level II: 0
Adult Recovery House:	Youth Recovery House:
0	0
Adult Long-Term Residential:	PPW:
0	15 Women, 15 Children

Funding Sources Accepted:

PPW, Medicaid	
FF W, MEdicald	

Pregnant and parenting women and their children up to age 6

Specific Strengths of Agency

Specialize in pregnant and parenting women with a child under the age of 6. We are a PPW program only.

Specific Admission Criteria

Must be pregnant or parenting a child under 6 years old. Must have current chemical Dependency assessment. Must have current open medical coupon.

Specific Admission Exclusions

Sex offender or persons convicted of crime against children.

Clients the Program Will Consider With Case Consultation

Persons with significant heath and medication issues and Persons with mental health meds/diagnosis will be considered on a case by case basis.

Other Services Available

Transitional housing; Housing referrals; Parenting; Domestic violence group; Smoking cessation

Brief Description of Treatment Philosophy

12-Step oriented Program; Disease concept.

Nicotine Recovery Services

Riel House is a tobacco-free environment. We offer education on nicotine and smoking cessation classes once per week. We get standing orders from doctors for nicotine replacement therapy (NRT) and the Tobacco Quit Line number is disseminated to patients and utilized for NRT.